

In The Mood

拍数: 48 墙数: 2 级数: Improver
编舞者: Luke Craig (UK)
音乐: I'm In The Mood For Love (feat. Jamiroquai) - Jools Holland



RIGHT ROCK, CROSS, HOLD, BOUNCE UNWIND ½ TURN LEFT

1-2 Right rock to right side, then recover on left
3-4 Cross right over left, hold
5-8 Four bounces around making a ½ turn left

RIGHT ROCK, CROSS BEHIND, HOLD, BOUNCE UNWIND ½ TURN RIGHT

9-10 Right rock to right side, then recover on left
11-12 Cross right behind left, hold
13-16 Four bounces around making a ½ turn right

RIGHT ROCK BACK, RIGHT SHUFFLE BACK, LEFT ROCK BACK, LEFT SHUFFLE

17-18 Rock back on the right foot, recover on left
19&20 Right shuffle backwards
21-22 Rock back on the left foot, recover on right
23&24 Left shuffle backwards

TOE STRUTS, RIGHT SAILOR ¼ TURN LEFT, KICK

25-28 Toe strut forward right then left
29-31 Step right behind left, step left to left side and do a turn ¼ left, right in place
32 Kick left foot forward (low kick)

TOE STRUTS, LEFT SAILOR ¼ TURN RIGHT, CLAP

33-36 Toe strut forward left then right
37-39 Step left behind right, step right to right side and do a turn ¼ right, left in place
40 Clap

TOE, HEEL, CROSS, UNWIND ½ TURN LEFT

41 Touch the right touch in front
42 Then place right heel down
43 Cross right across the left
44 Unwind ½ turn to the left

ROCKING CHAIR STARTING ON RIGHT

45-46 Rock forward on right foot recover on left
47-48 Rock back on the right foot and recover on left

REPEAT
