

In The Club

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Sobrielo Philip Gene (SG)
音乐: In Da Club - 50 Cent



KICK STEP TWICE, KICK POINT ¼ TURN, ROCK BACK SIDE, BEHIND SIDE CROSS

1&2& Kick right forward step right down, kick left foot forward step left down (moving forward)
3&4 Kick right forward, point right behind left, make ¼ turn right (right still point weight on left)
5&6 Rock right behind left, replace weight onto left, step right to right
7&8 Cross left behind right, step right to right, cross left over right

SIDE ROCK, BEHIND ¼ TURN FORWARD, ROCK RECOVER ½ LEFT THEN RIGHT

1-2 Rock right to right (right shoulder up, left shoulder down), replace weight onto left (left shoulder up right shoulder down)
3&4 Cross right behind left, stepping left forward making ¼ turn, step right forward
5&6 Rock left forward, replace weight onto right, turn ½ turn left stepping left forward
7&8 Rock right forward, replace weight onto left, turn ½ turn right stepping right forward

KICK CROSS SIDE ROCK TWICE, KICK STEP STEP, HEAD TURN, SLOW TWIST WITH SHOULDER MOVES WITH ¼ TURN

1&2& Kick left cross in front of right, step left cross over right, rock right to right replace weight onto left
3&4& Kick right cross in front of left, step right cross over left, rock left to left replace weight onto right
5&6 Kick left forward, step left back, step right beside left (feet apart)
7&8 Turn head looking ¼ turn left (7) slowly twist both feet making ¼ turn left (&8)

As you do the slow twist shoulders moves right up left down (&) then left up right down (8) weight on right and body looks slanting

STEP BACK, STEP FORWARD STEP, MAMBO TOUCH, BEHIND SIDE CROSS, ROCK AND STEP

&1-2 Step left beside right and step right forward, step left forward beside right
3&4 Rock right to right, (chest pump forward)replace weight onto left, (chest bring back in) touch right beside right
5&6 Cross right behind left, step left to side, cross right in front of left
7&8 Rock right left to left, replace weight onto right, step left beside right with weight

REPEAT