

In Full Swing

拍数: 40 墙数: 4 级数: Improver
编舞者: Esme Wolfson
音乐: Rip Off the Knob - The Bellamy Brothers



STEP, BALL, HOOK, LEFT GRAPEVINE

1-2 Step right with right, place ball of left behind right
3-4 Place left heel in front left diagonal, hook left by right knee
5-8 Step left with left, cross right behind left, step left with left, place right besides left

TWO ½ TURNS RIGHT, CROSS, STEP, SAILOR SHUFFLE, ¼ TURN LEFT

1-2 Large step forward left, turn ½ right, swinging hips
3-4 Large step forward left, turn ½ right, swinging hips (ending facing front)
5-6 Cross left over right, step right with right
7&8 Step left behind right, step right to side, step left in place with ¼ turn left (weight is on left)

CHARLESTON, CHARLESTON, COASTER STEP

1-2 Step right forward, kick left in front
3-4 Step left back, point right behind
5-6 Step right forward, kick left in front
7&8 Bring left back, bring right back to meet left, step left forward

TWO ½ TURNS LEFT, RIGHT GRAPEVINE

1-2 Large step forward right, turn ½ left, swinging hips
3-4 Large step forward right, turn ½ left, swinging hips
5-8 Step right with right, step left behind right, step right with right, place left beside right

HIP SWINGS & ROLLS

1-2 Step right on right front diagonal, swing hips
3-4 Step right behind on back diagonal, swing hips
5-8 Place right to side & swing hips

REPEAT
