

# In Between

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Denise Mitchell & Justin Goodwin  
音乐: High Low and In Between - Mark Wills



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- 1-2            Touch right heel forward, touch right heel to side (optional hat tip to side)  
3&4            Sailor shuffle: step right behind left, step side left, step side right  
5-6            Touch left hell forward, touch left hell to side (optional hat tip to side)  
7&8            Sailor shuffle: step left behind right, step side right, step side left
- 1-2            Step forward right, ½ turn left stepping forward onto left  
&3-4           Step back on right, step forward on left, scuff right
- 1-2-3&4        Rock side right, step side left, cross right behind left, step side left, step forward right  
5-6            Pivot ½ turn left stepping forward onto left, step forward onto right  
7-8            Pivot ½ turn left stepping forward onto left, hold
- 1&2            Shuffle side right turning ½ turn right (right-left-right)  
3&4            Cha-cha-cha (left-right-left) with a further ½ turn right (you are facing back wall)
- 1-2-3-4        Step forward on right, kick left forward, step back on left, touch right toe back  
5&6-7&8        Shuffle forward right-left-right, shuffle forward left-right-left

**REPEAT**

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