

In A Trance

拍数: 48 墙数: 2 级数: Beginner
编舞者: Lesley Johnston (AUS)
音乐: Pit Bulls and Chain Saws - The Bellamy Brothers



RIGHT STRUT, LEFT STRUT, RIGHT STRUT, LEFT STRUT

1-8 Right heel forward slap right heel down, left heel forward slap left heel down, right heel forward slap right heel down, left heel forward slap left heel down

"V", STEP ¼, STEP ½

9-12 Step right foot forward at 45 degrees, step left foot forward at 45 degrees, bring right back to center, bring left back together

13-16 Step right forward, ¼ pivot turn to left, step right forward, ½ pivot turn to left

CHARLESTON, CHARLESTON

17-20 Step forward on right, kick left forward, step back on left, touch right toe behind

21-24 Step forward on right, kick left forward, step back on left, touch right toe behind

VINE, TOUCH, STEP CLAP, STEP CLAP

25-28 Step right to side, step left behind right, step right to side, touch left together

29-32 Step left to side, bring right together & clap, step right to side, bring left together & clap

VINE, TOUCH, STEP CLAP, STEP CLAP

33-36 Step right to side, step left behind right, step right to side, touch left together

37-40 Step left to side, bring right together & clap, step right to side, bring left together & clap

STEP ¼, STEP ½, ROCK FORWARD, ROCK BACK

41-43 Sep forward on right, pivot ¼ turn to left, step forward on right

44 Pivot ½ turn to left

45-46 Step/rock forward on right, rock back onto left in place

47-48 Step/rock back on right, rock forward onto left in place

REPEAT
