

# In A Moment

拍数: 52      墙数: 2      级数: Intermediate  
编舞者: Thomas O'Dwyer (AUS)  
音乐: Living In a Moment - Ty Herndon



- 1-2            Step left forward at 45 degrees right (turning body), rock back onto right (facing front)  
3-4            Step left to left side turning  $\frac{1}{4}$  turn left, hold
- 5&6            Shuffle forward right-left-right turning  $\frac{1}{2}$  turn left  
7-8            Step back on left turning  $\frac{1}{4}$  turn left, step right across in front of left  
9&10           Shuffle to left (left-right-left)
- 11-12           Step right forward at 45 degrees left (turning body), rock back onto left (facing front)  
13-14           Step right to right side turning  $\frac{1}{4}$  turn right, hold
- 15-16           Step left forward turning  $\frac{1}{2}$  turn right, step back on right turning  $\frac{1}{4}$  turn right  
17-18           Step left across in front of right, step right to right side turning  $\frac{1}{4}$  turn left  
19&20           Shuffle back left-right-left turning  $\frac{1}{2}$  turn left  
21-22           Step forward on right pivoting  $\frac{1}{2}$  turn left, rock forward onto left
- 23&24           Shuffle forward right-left-right  
25&26           Shuffle forward left-right-left
- 27-28           Step right forward turning  $\frac{1}{2}$  turn left, step back on left turning  $\frac{1}{2}$  turn left
- 29&            Scuff ball of right forward, step right in place (slightly forward of left)  
30&            Touch left toe behind right, step down on left (slightly back of right)  
31&            Touch right heel forward, step right beside left  
32&            Touch left heel forward, step left beside right
- 33&            Touch right heel forward at 45 degrees right, hook right across left shin  
34&            Touch right heel forward at 45 degrees right, step right beside left  
35&            Touch left heel forward at 45 degrees left, hook left across right shin  
36&            Touch left heel forward at 45 degrees left, step left beside right
- 37-38           Step back on right, rock/step forward on left turning  $\frac{1}{4}$  turn left  
39-40           Step right to right side, rock onto left
- 41-42           Step ball of right across and behind left, drop right heel to floor & click right fingers  
&43-44           Step left to left side, step ball of right across & behind left, drop right heel & click right fingers
- 45-46           Step left to left side turning  $\frac{1}{2}$  turn left, step right to right side turning  $\frac{1}{2}$  turn left  
47&48           Shuffle to left left-right-left
- 49-50           Rock/step back on right, rock forward on left  
51-52           Step right forward at 45 degrees right, hold

**REPEAT**