

Impressions

拍数: 56 墙数: 2 级数: Intermediate
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音乐: That Don't Impress Me Much (Dance Mix) - Shania Twain



INTRO

3RD POSITION (RIGHT HEEL TO LEFT INSTEP, LEFT LEG STRAIGHT) HEEL LIFTS

- 1 Push right heel into floor-as you do this-left heel lifts slightly off floor
- 2 Drop left heel to floor (keeping leg straight)-as you do this, right heel lifts slightly up
- 3-16 Repeat counts 1-2 again 7 more times clicking right hand fingers

THE MAIN DANCE

KICK-KICK-BACK-FORWARD-FORWARD / ½ TURN LEFT / STEP / HIP BUMPS

- 1-2 Kick right foot forward twice
- &3-4 Step back on right foot, step slightly forward on left, step forward on right
- 5-6 Pivot ½ turn left, step forward on right foot
- 7&8 Bump hips forward right, back left, forward right

MASHED POTATOES BACK / SCUFF-SCOOT-STEP TWICE

- &1 On balls of both feet split heels apart, cross right foot behind left bringing heels in
- &2 On balls of both feet split heels apart, cross left foot behind right bringing heels in
- &3&4 Repeat counts &1&2 of this section again
- 5&6 Scuff right foot forward, scoot forward on ball of left foot, step forward on right foot
- 7&8 Scuff left foot forward, scoot forward on ball of right foot, step forward on left foot

BACK-TOG-BACK ½ TURN / STEP / ELVIS ROLL (RIGHT KNEE) / CHASSE RIGHT

- 1-2 Step back on right foot, step left foot next to right
- 3-4 Step back on right foot making ½ turn right, step left slightly apart from right foot
- 5-6 Roll right knee out twice
- 7&8 Step right to right side, step left next to right, step right to right side

KICK TWICE / VINE LEFT ¼ TURN / STEP-HITCH TWICE

- 1-2 Kick left foot forward twice
- 3&4 Step left to left side, cross right behind, step left to left side making ¼ turn left hitching up right knee
- 5-6 Step right slightly to right, hitch left knee up
- 7-8 Step left slightly to left, hitch right knee up

WALK BACK / HITCH ¼ TURN LEFT / WALK TWICE / ELVIS ROLL (RIGHT KNEE)

- 1-4 Step back on right-left-right, hitch left knee making ¼ turn left
- 5-6 Step forward left, step right next to left
- 7-8 Roll right knee out twice

CHASSE RIGHT / KICK TWICE / VINE LEFT / HITCH

- 1&2 Step right to right side, step left next to right, step right to right side
- 3-4 Kick left foot forward twice
- 5-6 Step left to left side, cross right behind
- 7-8 Step left to left side, hitch right knee up

STEP BACK / HOLD / SWING ARM AROUND TO FRONT AND POINT

- 1-2 Long step back on right foot-taking right arm back in line with right foot while placing left hand on left thigh (leaning whole body slightly back)

- 3-4 Continue to take straight right arm over right shoulder (in a circle to end facing forward) pointing right index finger forward, (transferring body weight forward)
- 5-8 Body still in same position, point right index finger forward 4 times

REPEAT
