

Imagine

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Rainy Dae (USA)
音乐: I Can Only Imagine - MercyMe



Starts 16 counts in on the word "imagine"

STEP, ROCK RECOVER STEP, SWAY, SWAY, BEHIND & CROSS, SCISSOR STEP

1 Step R to R
2&3 Rock back on L behind R, Recover on R, Step L to L
4-5 Sway R to right, Sway L to left
6&7 Step right behind L, Step L to left, Cross R over left
8&1 Step L to left, Step R next to L, Cross L over right

TURN ¼, ¼, CROSS SHUFFLE, SCISSOR STEP, FULL ROLLING VINE

2-3 Step R to right turning ¼ L, Step L to left turning ¼ left (6:00)
4&5 Cross R over left, step L next to right, step R to left
6&7 Step L to left, Step R next to L, Cross L over right
8&1 Step R to right turning ¼ left, Step L to left turning ½ left, Step R to right turning ¼ left (6:00)

ROCK RECOVER STEP, SHUFFLE FORWARD, STEP TURN STEP, FULL TURN

2&3 Rock L back of right, Recover on right, Step L to left
4&5 Step R forward, Lock step L behind right, Step R forward
6&7 Step L forward, Pivot ½ right on R, Step L forward (12:00)
8-1 Step back on R turning ½ left, Step forward on L turning ½ left
(optional 8-1 moving forward: walk R, walk L)

MAMBO ¼ TURN, STEP TURN STEP, FULL TURN, MAMBO STEP

2&3 Rock forward on R, Recover back on L, Step forward on R turning ¼ to right (3:00)
4&5 Step L forward, Pivot ½ right on R, Step L forward (9:00)
6-7 Step back on R turning ½ left, Step forward on L turning ½ left
(optional 6-7 moving forward: walk R, walk L)
8&1 Rock R forward, Recover back on L, Step R next to L

SWEEP, SWEEP, STEP LOCK STEP, ROCK RECOVER, SHUFFLE FORWARD

2-3 Moving backwards sweep L out and behind right, sweep R out and behind left
4&5 Step back on L, Lock R over left, Step back on L
6-7 Rock back on R, Recover on L
8&1 Step R forward, Step L next to right, Step R forward

PIVOT TURN, TOUCH & TOUCH & TOUCH & TOUCH & TOUCH &

2-3 * Step forward on L, pivot ½ R (3:00)
4&5& Touch L toe to L, Step L next to R, Touch R toe to R, Step R next to L
6&7& Touch L heel forward, Step L next to R, Touch R heel forward, Step R next to L
8& Touch L toe to left, Step L next to R

START AGAIN & ENJOY

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Happens 1 time on the second wall in section 6:

Complete counts 2-3 (you will be pivoting to the back wall)

Last 5 counts the music pauses, keep the tempo and sway L, R, L, R, L to end the 8 counts of rhythm.

Dance starts again on the "1" count on the word "imagine"

The Ending:

If you want to end the dance facing the front, The last wall will start at the back (6:00) dance the first 7 counts (keeping same dance tempo), then to end facing the front, for counts 8&1 rock L foot to left, Recover on R turning ¼ right (9:00), Step L to left turning ¼ right to face front, drag R foot next to L.

Note: keep tempo at same speed to the end of dance even though music feels like it is slowing down.

The dance was inspired by the story of Dick Hoyt and his son Rick from Massachusetts.

Updated Sept '07
