

Jasmine Mambo

COPPER KNOB
BY STEPHEN BRETZ

拍数: 32 墙数: 1 级数: Improver
编舞者: Virginia Tsui (CAN)
音乐: Mambo Italiano - Mambo Kings Orchestra



MAMBO BACKWARD, MAMBO FORWARD

1&2 Rock right foot back, replace weight on left foot, step right foot next to left foot
3&4 Rock left foot forward, replace weight on right foot, step left foot next to right foot

CHECK RIGHT BACK, CHECK LEFT BACK, ¼ TURN LEFT

5&6 Cross right foot behind left foot (as you angle body to the right), replace weight on left foot, step right foot next to left foot (facing to the original wall)
7&8 Cross left foot behind right foot & ¼ turn left, replace weight on right foot, step left foot next to right foot

TRIPLE SMALL WALKS FORWARD, STEP FORWARD, PIVOT ½ TURN RIGHT

9&10 Step right foot forward (small step), step left foot forward (small step), step right foot forward (small step)
11&12 Step left foot forward, ½ pivot turn right, step left foot forward next to right foot (facing 3:00 wall)

TRIPLE SMALL WALKS FORWARD, STEP FORWARD, ¾ TURN RIGHT

13&14 Step right foot forward (small step), step left foot forward (small step), step right foot forward (small step)
15&16 Step left foot forward, make a turn ¾ right turn stepping right foot in place, step left foot next to right foot (facing to the original wall)

While doing on these counts 9&10, and 13&14, (triple small walks forward), sway hips motion.

KICK RIGHT HEEL BACKWARD, STEP FORWARD DIAGONALLY, STEP IN PLACE, TOUCH

&17 (As you angle the body to left) kick right heel backward (bend both knees & lean the upper body slightly forward), step right foot forward to left diagonally
&18 Step left foot in place, touch right toe next to left foot (facing to the original wall)

CHASSE' TO RIGHT SIDE (TOES FAST MOVEMENT)

19 Step right toe to right side, step left toe next to right foot
& Step right toe to right side, step left toe next to right foot
20 Step right toe to right side, step left toe next to right foot

Optional

19 Step right toe to right side
& Step left toe next to right foot
20 Step right toe to right side

KICK LEFT HEEL BACKWARD, STEP FORWARD DIAGONALLY, STEP IN PLACE, TOUCH

&21 (As you angle the body to right) kick left heel backward (bend both knees & lean the upper body slightly forward), step left foot forward to right diagonally
&22 Step right foot in place, touch left toe next to right foot (facing to the original wall)

CHASSE' TO LEFT SIDE (TOES FAST MOVEMENT)

23 Step left toe to left side, step right toe next to left foot
& Step left toe to left side, step right toe next to left foot
24 Step left toe to left side, step right toe next to left foot

Optional

23 Step left toe to left side

& Step right toe next to left foot

24 Step left toe to left side

While doing on these counts 19&20 (six steps) and 23&24 (six steps), have to move very fast to side with toes movement.

MAMBO BACKWARD, CROSS FORWARD, UNWIND FULL TURN

25&26 Step right foot back, rock left foot in place, step right foot next to left foot

27&28 Cross left foot over right foot, unwind full turn right and weight on the ball of right foot, step left foot next to right foot (facing to the original wall)

MAMBO RIGHT SIDE, MAMBO LEFT SIDE

29&30 Step right foot to right side, rock left foot in place, step right foot next to left foot

31&32 Step left foot to left side, rock right foot in place, step left foot next to right foot

REPEAT
