The January 2000 Rock

级数: Improver

编舞者: "Calamity" Jane Newhard (USA)

音乐: Rock This Country! - Shania Twain

This dance is choreographed for my two grandchildren. Our second set of twins were born on January 3, 2000. Granny is still rockin'!

- 1-2 Rock forward on right, recover back on left
- 3-4 Rock back on right, recover forward on left
- 5& Step right forward angle right, lock step left behind right,

墙数: 4

6 Step right forward angle right

拍数: 32

- 7-8 Rock left on left, recover right on right
- 1-2 Rock forward on left, recover back on right
- 3-4 Rock back on left, recover forward on right
- 5& Step left forward angle left, lock step right behind left
- 6 Step left forward angle left
- 7-8 Rock right on right, recover left on left

1-2 Rock right over left, recover back on left

- 3 Pivot on left, step right back making ½ turn to the right
- 4 Pivot on right, step left forward making ½ turn to the right
- 5 Pivot on left, step right back making ½ turn to the right
- 6 Step left beside right
- &7 Step right out to right, step left out to left
- &8 Step right in to center, step left in to center

4-5 option: walk forward left-right

On the next 8 counts, you will be traveling and making a 3⁄4 circle to the left

- 1 Left toe fans to left, right heel swivels left
- & Left heel swivel left, right toe fan to left
- 2 Left toe fans to left, right heel swivels left
- & Left heel swivel left, right toe fan left
- 3&4& Repeat 1&2&
- 5&6& Repeat 1&2&
- 7&8& Repeat 1&2& ending with weight on left

If you get around in less that 8 counts, try making your circle larger or face new wall and do an applejack step for remaining counts

Option for last 8 counts: to the left paddle turns



