

# Jana

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Francina (ES), Eduard, Rosa (ES), Manel (ES) & Ramon (ES)  
音乐: She Always Talked About Mexico - David Ball



This dance is dedicated to a very especial person named Jana. December 21, 2002

## **JAZZ BOX, TOE AND HEEL SWIVELS**

1-2            Step right cross over left, step left back  
3-4            Side step right, step left beside right  
5-6            Open both toes, swivel right heel and left toe to right  
7-8            Swivel right toe and left heel right, swivel right heel right

## **SLOW SAILOR STEP WITH ¼ TURN LEFT, STEP, LOCK, STEP, HOLD**

9-10           Step left behind right, turning ¼ left stepping right back  
11-12          Step left forward, hold  
13-14          Step right forward, step left behind right (lock position)  
15-16          Step right forward, hold

## **STEP, LOCK, STEP, TOE TOUCH, STEP, LOCK, STEP, TOE TOUCH**

17-18          Step left forward, step right behind left (lock position)  
19-20          Step left forward, touch right toe behind left  
21-22          Step right back, step left cross over right (lock position)  
23-24          Step right back, touch left toe cross over right

## **HEEL STRUTS, TOE TOUCH, PIVOT ½ TURN LEFT, TOE TOUCH, SCUFF**

25-26          Step left heel forward, drop left toe down  
27-28          Step right heel forward, drop right toe down  
29-30          Touch left toe to left side, pivot ½ turn left stepping left beside right  
31-32          Touch right toe back, scuff right beside left

## **REPEAT**

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