

Jamika

拍数: 48 墙数: 4 级数: Advanced
编舞者: Jamie Whisman (USA) & Michael Lorah (USA)
音乐: The Wanderer - Eddie Rabbitt



KICK & CROSS, STEP, SNAP, KICK & CROSS, STEP, SNAP

- 1&2 Right kick forward, step right back, left step across right
3-4 Right step side right; twist upper body to 10:30 (snap fingers downward)
5&6 Left kick forward, step left back, right step across left
7-8 Left step side left; twist upper body to 1:30 (snap fingers downward)

KICK & SLIDE, KICK & SLIDE

- 1&2 Right kick forward, right step back about 6 inches, left slide back next to right keeping weight on right
3&4 Left kick forward, left step back about 6 inches, right slide back next to left keeping weight on left

HEEL & TOE TAPS WITH CROSS-STEPS TRAVELING LEFT THEN RIGHT

- 1&2& Right heel tap forward, right step across left, left toe tap back, left step side left
3&4 Right heel tap forward, right step across left, left touch next to right
5&6& Left heel tap forward, left step across right, right toe tap back, right step side right
7&8 Left heel tap forward, left step across right, right touch next to left

SYNCOPATED KNEE BENDS, WALK FORWARD 4 STEPS

- 1&2& Step right forward, bend both knees raising heels, set heels down keeping weight on left, right step next to left
3&4& Step left forward, bend both knees raising heels, set heels down keeping weight on right, left step next to right
5-6 Right step forward; left step forward
7-8 Right step forward; left step forward

THREE ½ PIVOTS TRAVELING BACK, LEFT SHUFFLE FORWARD

- 1-2 Right touch back; pivot ½ right shifting weight forward onto right
3-4 Left touch forward; pivot ½ right shifting weight back onto left
5-6 Right touch back; pivot ½ right shifting weight forward onto right
7&8 Step left forward, right step next to left, step left forward

KICKS & TOE/HEEL SPLITS TRAVELING RIGHT THEN LEFT

- 1&2 Right kick forward, right step home, split toes moving right
3-4 Split heels moving right; bring heels home placing weight on right
5&6 Left kick forward, left step home, split toes moving left
7-8 Split heels moving left; bring heels home placing weight on left

¼ PIVOT LEFT, REVERSE ½ PIVOT RIGHT

- 1-2 Right step forward; pivot ¼ left onto left
3-4 Right touch back at left heel; pivot ½ right keeping weight on left

REPEAT