

Jamaica (Almost)

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Bill Ray (USA)
音乐: Almost Jamaica - The Bellamy Brothers



This dance was originally choreographed as "Almost Jamaica" by Ann Napier from Arizona. However, the dance did not entirely fit the music because there is a 16-count "bridge" or short phrase in the middle of the song that causes the remaining patterns of the dance to be out of phrase with the music. We added a 16-count bridge (see "TAG" at the end of the step description) to rephrase the dance with the music. The bridge comes on the 8th pattern of the dance which begins while facing the right wall and is distinguished by the instrumental section of the song

RIGHT CHASSE, ½ TURN RIGHT, LEFT CHASSE, ¼ TURN LEFT, ½ TURN LEFT, FORWARD TRIPLE STEP

- 1 Step to right on right foot
- & Step left foot beside right foot
- 2 Step to right on right foot
- & Pivot ½ turn to right on ball of right foot and lift left knee (hitch)
- 3 Step to left on left foot
- & Step right foot beside left foot
- 4 Step to left on left foot
- & Pivot ¼ turn to left on ball of left foot and lift right knee (hitch)
- 5 Step forward on right foot
- 6 Pivot ½ turn to left on ball of right foot and step forward on left foot
- 7&8 Execute right triple step forward (right, left, right)

COASTER STEP FORWARD, TRIPLE STEP BACK, COASTER STEP BACK, TRIPLE STEP FORWARD

- 9 Step forward on left foot
- & Step right foot beside left foot
- 10 Step back on left foot
- 11&12 Execute right triple step back (right, left, right)
- 13 Step back on left foot
- & Step right foot beside left foot
- 14 Step forward on left foot
- 15&16 Execute right triple step forward (right, left, right)

ROCK FORWARD & BACK, ¾ TRIPLE TURN LEFT, TRIPLE ROCKS RIGHT & LEFT

- 17 Rock forward on left foot
- 18 Rock back on right foot
- 19&20 Turn ¾ turn to left while executing left triple step (left, right, left)
- 21 Step (rock) to right on right foot
- & Step (rock) to left on left foot
- 22 Step right foot beside left foot
- 23 Step (rock) to left on left foot
- & Step (rock) to right on right foot
- 24 Step left foot beside right foot

ROCK FORWARD & BACK, ½ TRIPLE TURN RIGHT, ¼ TURN LEFT, KICK-BALL, TOUCH

- 25 Rock forward on right foot
- 26 Rock back on left foot
- 27&28 Turn ½ turn to right while executing right triple step (right, left, right)
- 29 Step forward on left foot

- 30 Pivot ¼ turn to right on ball of left foot and shift weight to right foot
31 Kick left foot forward
& Step left foot beside right foot
32 Touch right toes beside left foot

REPEAT

TAG

RIGHT CHASSE, ½ TURN RIGHT, LEFT CHASSE, ¼ TURN LEFT, ½ TURN LEFT, FORWARD TRIPLE STEP

- 1 Step to right on right foot
& Step left foot beside right foot
2 Step to right on right foot
& Pivot ½ turn to right on ball of right foot and lift left knee (hitch)
3 Step to left on left foot
& Step right foot beside left foot
4 Step to left on left foot
& Pivot ¼ turn to left on ball of left foot and lift right knee (hitch)
5 Step forward on right foot
6 Pivot ½ turn to left on ball of right foot and step forward on left foot
7&8 Execute right triple step forward (right, left, right)

COASTER STEP FORWARD, TRIPLE STEP BACK, COASTER STEP BACK, RIGHT TOE TAPS (TWICE)

- 9 Step forward on left foot
& Step right foot beside left foot
10 Step back on left foot
11&12 Execute right triple step back (right, left, right)
13 Step back on left foot
& Step right foot beside left foot
14 Step forward on left foot
15&16 Tap right toe beside left foot (twice)
-