

# Jamaica

拍数: 32      墙数: 2      级数: Improver  
编舞者: Tracie Lee (AUS)  
音乐: How'd I Wind Up In Jamaica - Tracy Byrd



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## CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE

1-2            Step/rock left forward across right, replace weight onto right  
3&4           Shuffle to left side - left, right, left  
5-6           Step/rock right forward across left, replace weight to left  
7&8           Shuffle to right side - right, left, right

## BEHIND UNWIND ½ TURN, ROCK FORWARD REPLACE, DOUBLE HIP BUMPS RIGHT AND LEFT

1-2            Step ball of left behind right, unwind ½ turn left taking weight to left foot  
3-4            Rock forward onto right, replace weight to left  
5&6           Step right back at 45 degrees right bumping hips right, bump hips forward, bump hips back  
7&8           Step left back at 45 degrees left bumping hips left, bump hips forward, bump hips back

## ROCK BACK, REPLACE, SHUFFLE FORWARD, ½ PIVOT TURN, ½ PIVOT TURN

1-2            Rock back onto right, rock forward onto left  
3&4            Shuffle forward - right, left, right  
5-6            Step left forward, pivot ½ turn right taking weight to right  
7-8            Step left forward, pivot ½ turn right taking weight to right

## ROCK FORWARD, REPLACE, & HEEL & HEEL, OUT OUT, IN CROSS, ROCK SIDE, REPLACE

1-2            Rock forward on left, replace weight to right  
&3&4          Step left slightly back, tap right heel forward, step right beside left, tap left heel forward  
&5&6          Step left to left side, step right to right side, step left to center, step right across left  
7-8            Step/rock left to left side, replace weight to right

**REPEAT**

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