

# Jam

拍数: 24      墙数: 4      级数: Improver  
编舞者: Unknown  
音乐: Pump Up the Jam - Technotronic



## SIDE TOUCH N' SLIDE

- 1            Touch right toe to side
- 2            Touch right toe next to left
- 3            Step right foot to right side
- 4            Slide left foot next to right
  
- 5            Touch left toe to side
- 6            Touch left toe next to right
- 7            Step left foot to left side
- 8            Slide right foot next to left

## HEEL/TOE TOUCHES

- 9            Touch right heel in front
- 10           Touch right heel in front
- 11           Touch right toe behind
- 12           Touch right toe behind
- 13           Touch right heel forward
- 14           Touch right toe behind

## CROSS STEP

- 15           Cross step right over left
- 16           Touch left toe to side
- 17           Cross step left over right
- 18           Touch right toe to side

## JAZZ BOX WITH ¼ TURN

- 21           Cross step right over left
- 22           Step back on left and turn ¼ turn to right at the same time
- 23           Step right next to left
- 24           Hop forward on both feet

## REPEAT

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