

Jailhouse Rock (Latin Beat)

COPPER KNOB
STEPSHEETS

拍数: 56 墙数: 4 级数: Intermediate
编舞者: Barry W. Muniz (USA)
音乐: Wrong Side of Memphis - Trisha Yearwood



HEEL DIGS, CHA-CHA-CHA

- 1 Step slightly forward onto left heel with toes turned inward
- 2 Grind left heel from right to left and shift weight to right in place
- 3 Step left next to right
- & Step on right in place
- 4 Step on left in place
- 5 Step slightly forward onto right heel with toes turned inward
- 6 Grind right heel from left to right and shift weight to left in place
- 7 Step right next to left
- & Step on left in place
- 8 Step on right in place

SIDE STEPS, PIVOT-STEP, WALK, WALK, TOGETHER

- 9 Step to left on left
- 10 Step right next to left
- 11 Step to left on left
- 12 Step right next to left
- 13 Pivot $\frac{1}{4}$ turn to the right on right and step forward on left
- 14 Walk forward on right
- 15 Walk forward on left
- 16 Step right next to left

OUT, OUT, IN, IN

(While executing this movement, lift hands to chest level with elbows up and out, and sway with steps)

- 17 Step to left on left
- 18 Step to right on right
- 19 Step home on left
- 20 Step home on right

HEEL DIGS, CHA-CHA-CHA

- 21 Step slightly forward onto left heel with toes turned inward
- 22 Grind left heel from right to left and shift weight to right in place
- 23 Step left next to right
- & Step on right in place
- 24 Step on left in place
- 25 Step slightly forward onto right heel with toes turned inward
- 26 Grind right heel from left to right and shift weight to left in place
- 27 Step right next to left
- & Step on left in place
- 28 Step on right in place

SIDE STEPS

- 29 Step to left on left
- 30 Step right next to left
- 31 Step to left on left
- 32 Step right next to left

STEP, PIVOT, STEP, PIVOT, PIVOT-HITCH-SCOOT, SCOOT

- 33 Step forward on left
- 34 Pivot $\frac{1}{2}$ turn to the right
- 35 Step forward on left
- 36 Pivot $\frac{1}{2}$ turn right
- 37 Pivot $\frac{1}{4}$ turn right on right and scoot slightly to left while hitching left knee up
- 38 Scoot slightly to left while hitching left knee up

VINE LEFT WITH A SLAP VINE RIGHT WITH A SLAP

- 39 Step to left on left
- 40 Step behind left on right
- 41 Step to left on left
- 42 Slap right heel in front of left leg with left hand
- 43 Step to right on right
- 44 Step behind right on left
- 45 Step to right on right
- 46 Slap left heel in front of right leg with right hand

PIVOT-STEP, TOGETHER

- 47 Pivot $\frac{1}{4}$ turn to the right stepping forward on left
- 48 Step right next to left

SHOULDER SHAKES

- 49 Bend forward and shake shoulders
- 50 Shake shoulders again
- 51 Stand straight and-shake shoulders
- 52 Shake shoulders again
- 53 Bend backwards and shake shoulders
- 54 Shake shoulder again
- 55 Stand straight and shake shoulders
- 56 Shake shoulders again

REPEAT
