

Jailbird Rock

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Diana Dawson (UK)
音乐: Jailhouse Rock - John Dean



GRAPEVINE RIGHT, HIP BUMPS OR TWISTS

1-2 Step right to side, cross left behind right
3-4 Step right to side, step left together
5-8 Bump hips left, right, left, right
Or twist heels on the spot left, right, left, right

GRAPEVINE LEFT, HIP BUMPS OR TWISTS

1-2 Step left to side, cross right behind left
3-4 Step left to side, step right together
5-8 Bump hips left, right, left, right
Or twist heels on the spot right, left, right, left

SIDE STEP, TOUCH TWICE, STROLL FORWARD, KICK & CLAP

1-2 Step right to side, touch left together
3-4 Step left to side, touch right together
5-6 Step right forward, step left forward
7-8 Step right forward, kick left forward (clap)

STROLL BACK, TOUCH, POINT FORWARD, POINT SIDE, HOOK, ¼ TURN

1-2 Step left back, step right back
3-4 Step left back, touch right toe to side
5-6 Touch right toe forward, touch right toe to side
7 Hook right behind left
8 Turn ¼ left (9:00)

REPEAT
