

Jail Break

COPPER KNOB
STEPSHEETS

拍数: 36 墙数: 4 级数: Intermediate
编舞者: Paul Clifton (UK)
音乐: Back Up Against the Wall - Travis Tritt



KICK BALL CHANGE STOMP CLAP, ROCK STEP COASTER STEP

1&2 Kick right forward & step ball of right back, step left in place
3-4 Stomp right foot forward (with weight on right), clap hands
5-6 Rock forward on left recover weight onto right
7&8 Step back on left step right next to left step left forward

SECT 2 SIDE ROCK SAILOR STEP CROSS ROCK CHASSE ¼ TURN LEFT

1-2 Rock right to the side pushing hips to the right, recover weight onto left
3&4 Cross right behind left step left to left side, step right in place
5-6 Cross rock left over right, rock back onto right
7&8 Step left to left side & step right next to left, step left to left side completing ¼ turn left

STEP PIVOT, SYNCOPATED WEAVE, CROSS OVER SHUFFLE, RIGHT HEEL BALL CROSS

1-2 Step forward on right, pivot ½ turn left
3&4& Step right to right side, cross left behind & step right to right side
5&6 Cross step left over right & step right to right side, cross step left over right
7&8 Touch right heel forward & jump back on ball of right, cross step left slightly over right

STEP ½ PIVOT TIMES 2, ¼ MONTEREY TURN TIMES 2

1-2 Step forward on right, ½ turn pivot left
3-4 Repeat steps 1-2
5-6 Point right toe to right side, bring right back to left completing a ¼ pivot right
7-8 Point left toe to left side, step left next to right
9-12 Repeat steps 5-8

REPEAT
