

Jacob's Ladder

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Gordon Elliott (AUS)
音乐: Jacob's Ladder - Mark Wills



VINE RIGHT, BRUSH UP LEFT

1-2 Vine; step right to right side, step left behind right
3-4 Step right to right side, touch left together
5-6 Touch left heel at 45 degrees, hook left heel up to right knee
7-8 Touch left heel at 45 degrees, touch left together

VINE LEFT, BRUSH UP RIGHT & TOUCH BACK

1-2 Vine; step left to left side, step right behind left
3-4 Step left to left side, touch right together
5-6 Touch right heel at 45 degrees, hook right heel up to left knee
7-8 Touch right heel at 45 degrees, touch right toe back

SLOW PADDLE TURN, SLOW PADDLE TURN

1-2 Slow paddle; step right forward, hold
3-4 Turn ¼ turn left take weight on left, hold
5-6 Slow paddle; step right forward, hold
7-8 Turn ¼ turn left take weight on left, hold

VINE RIGHT & HITCH, VINE LEFT & HITCH

1-2 Vine; step right to right side, step left behind right
3-4 Step right to right side, hitch left across body & slap knee with right hand
5-6 Vine; step left to left side, step right behind left
7-8 Step left to left side, hitch right across body & slap knee with left hand

SIDE, KICK, SIDE KICK, VINE ¼ TURN & TOGETHER

1-2 Step right to the side, kick left across in front
3-4 Step left to the side, kick right across in front
5-6 Vine; step right to right side, step left behind right
7-8 Turn ¼ turn right step right forward, step left together

HEEL SPLIT, HEEL SPLIT, STOMP, STOMP, CLAP, CLAP

1-2 Heel split; split heels apart, close heels together
3-4 Heel split; split heels apart, close heels together
5-6 Stomp right together, stomp left together
7-8 Clap, clap

REPEAT

TAG

To keep with the phrase of the music, on the 5th wall only repeat the last eight beats again then start from the beginning. This is needed once only.