

# J D Shuffle

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Jean Jones (UK)  
音乐: My Friend Jack (Daniels) - Rosa



## ROCK BACK, FORWARD, ¼ SHUFFLE, ROCK FORWARD, BACK, ½ SHUFFLE

1-2            Rock back on left, forward on right  
3&4           Step left ¼ turn left, together right, forward left  
5-6            Rock forward right, back left  
7&8            Step right ½ turn right, together left, forward right

### On first wall only steps 7&8 are as follows

7-8            Step right ½ turn right (while looking over right shoulder), clap

## STEP, PIVOT ¼, CROSS SHUFFLE, ROCK OUT, IN, ROCK & CROSS

9-10           Step forward left, pivot ¼ turn right  
11&12        Cross left over right, right to right side, cross left over right  
13-14        Rock right out to right side, in on left  
15&16        Rock right out to right side, in on left, cross right over left

## ROCK OUT, IN, SAILOR STEP, ROCK FORWARD, BACK, ¾ SHUFFLE

17-18        Rock left out to left side, in on right  
19&20        Cross left behind right, side right, together left  
21-22        Rock forward right, back left  
23&24        ¾ turn right on right, left, right

## ROCK FORWARD, BACK, COASTER STEP, STEP, PIVOT ½, ½ SHUFFLE

25-26        Rock forward left, back right  
27&28        Step left, together right, forward left  
29-30        Step forward right, pivot ½ turn left  
31&32        ½ turn left on right, left, right

**REPEAT**

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