

Itza Mambo

COPPER KNOB
BY STEPHEN HETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Christy Fox (CAN)
音乐: Ain't It Funny - Jennifer Lopez



Dedicated to Sherill & Bruce Fraser and the great group of dancers at "Roosters" Cabaret, B.C. Canada

MAMBO BASIC FORWARD & BACK, TURNING MAMBO FORWARD, MAMBO BACK, TURN & TOUCH

- 1&2 Rock forward on left foot, recover weight back to right foot, step back slightly on left foot
3&4 Rock back on right foot, recover weight to left foot, step forward slightly on right foot
For extra styling, swivel hips on mambo basics
5&6 Rock forward on left foot turning $\frac{1}{4}$ to the right, recover weight back to right foot, step back slightly on left foot
7&8 Rock back on right foot, recover weight to left foot, touch right beside left turning $\frac{1}{4}$ to the left

SIDE STEPS WITH HIP BUMPS 4X (STEP BUMP...), END WITH LEFT TOUCH BESIDE RIGHT, $\frac{1}{4}$ TURN, $\frac{1}{2}$ TURN, COASTER STEP

- 1-2 Step right to right side, step left beside right bumping right hip to right side

Option: bump right hand to right hip on hip bump

- 3&4& Repeat 3x ending with left touch beside right foot
5-6 Step left turning $\frac{1}{4}$ to the left, step right turning $\frac{1}{2}$ to the left (weight on right)
7&8 Step left back, step right together, step left forward

SYNCOPATED ROCK STEPS FORWARD & BACK & TOE TAP, TAP, $\frac{1}{4}$ TURN, ROCK FORWARD & BACK & $\frac{1}{2}$ MONTEREY TURN

- 1&2& Rock forward right, rock back on left, rock back on right, step forward left
3&4 Touch right toe to right side, tap right toe 6 inches in towards left foot, touch right beside left turning $\frac{1}{4}$ to the right
5&6& Rock forward right, rock back on left, rock back on right, step forward left
7-8 Point right toe to right side, pivot on left $\frac{1}{2}$ turn to the right

SIDE MAMBO LEFT, SIDE MAMBO RIGHT, FORWARD WALK, WALK, MILITARY, STEP FORWARD

- 1&2 Rock left to left side, recover weight on right, step left in place
3&4 Rock right to right side, recover weight on left, touch right beside left
5-6 Walk forward right, walk forward left
7&8 Right step forward, pivot $\frac{1}{2}$ turning left shifting weight to left (military turn), step forward right

REPEAT

RESTART

When dancing to "Ain't It Funny" by Jennifer Lopez, on the 8th wall, restart after count 20 (tap, tap $\frac{1}{4}$ turn).