

It's Your Time

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 2 级数: Intermediate
编舞者: Heike Schmidt (DE) & Mr. O.D.
音乐: Was a Time - Whigfield



Sequence: AA BB A Bridge B AA BB AA
The dance started after third vocals (ta ta ta ta)

PART A

STEP, TOUCH, SYNCOPATED ROCKS WITH HEELS, CROSS SHUFFLE

1-2 Step left to left side, touch right next to left
&3 Weight change on right, step left across right
&4 Weight return on right, touch left heel forward
&5 Step left next to right, step right across left
&6 Weight return on left, touch right heel forward
&7 Step right next to left, step left across right
&8 Step right next to left, step left across right

¼ TURN, STEP, HEEL HOOK HEEL & HEEL HOOK HEEL, COASTER STEP

1-2 Step right to right side making ¼ turn left, step left next to right
3& Touch right heel forward & hook right to left shin
4 Touch right heel forward
&5 Step right next to left, touch left heel forward
&6 Hook left to right shin, touch left heel forward
7&8 Step left back & step right next to left, step right slightly forward

STEP, TOUCH, SYNCOPATED ROCKS WITH HEELS, CROSS SHUFFLE

1-2 Step right to right side, touch left next to right
&3 Weight change on left, step right across left
&4 Weight return on left, touch right heel forward
&5 Step right next to left, step left across right
&6 Weight return on right, touch left heel forward
&7 Step left next to right, step right across left
&8 Step left next to right, step right across left

¼ TURN, STEP, HEEL HOOK HEEL & HEEL HOOK HEEL, COASTER STEP

1-2 Step left to left side making ¼ turn right, step right next to left
3& Touch left heel forward & hook left to right shin
4 Touch left heel forward
&5 Step left next to right, touch right heel forward
&6 Hook right to left shin, touch right heel forward
7&8 Step right back & step left next to right, step left slightly forward

PART B

FULL TURN, SHUFFLE FORWARD, SCUFF HITCH TURN, COASTER STEP

1-2 Step left forward making ½ turn right, step right back making ½ turn right
3&4 Step left forward & step right next to left, step left forward
5&6 Scuff right forward & hitch right knee making ½ turn left, step right back
7&8 Step left back & step right next to left, step right slightly forward

FULL TURN, SHUFFLE FORWARD, SCUFF HITCH TURN, COASTER STEP

1-2 Step right forward making ½ turn left, step left back making ½ turn left

- 3&4 Step right forward & step left next to right, step right forward
5&6 Scuff left forward & hitch left knee making $\frac{1}{2}$ turn right, step left back
7&8 Step right back & step left next to right, step left slightly forward

STEP, STEP, APPLE JACK HOOK, FORWARD SHUFFLE, SCUFF HITCH STOMP

- 1-2 Step left forward, step right next to left
3& Left toe turn left, right heel turn right & left toe right heel turn to center
4 Left toe turn right, right heel turn left &
& Left toe turn to center, hook right to left shin
5&6 Step right forward & step left next to right, step right forward
7&8 Scuff left forward & hitch left knee, stomp left forward

SCUFF HITCH STOMP, $\frac{1}{4}$ TURN SHUFFLE, $\frac{1}{4}$ TURN SAILOR STEP, KICK BALL CHANGE

- 1&2 Scuff right forward & hitch right knee, stomp right forward
3& Step left forward making $\frac{1}{4}$ turn right & step right next to left
4 Step left to left side
5& Step right behind left, step left on place making $\frac{1}{4}$ turn right
6 Step right slightly forward
7&8 Kick left forward & step left next to right, step right slightly forward

BRIDGE

STEP OUT OUT IN IN

- 1-2 Step left diagonal forward, step right diagonal forward
3-4 Step left return to center, step right slightly forward
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