It's Simple



拍数: 48 墙数: 4 级数: Intermediate

编舞者: Terry Mchugh (UK)

音乐: The Simple Things - Jim Brickman And Rebecca Lynn Howard



SYNCOPATED WEAVE LEFT, SIDE ROCK, SYNCOPATED WEAVE RIGHT

1-2	Cross right over	left, step	left to left side
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3&4 Step right behind left, step left; beside right, cross right over left

5-6 Step left to left side with side rock, rock to right side

7&8 Step left behind right, step beside left, step left in front of right

ROCK FORWARD ON RIGHT, FULL TURN RIGHT, ROCK BACK ON RIGHT, FULL TURN LEFT

1-2 Rock forward on right, rock back on to left

3-4 Step back on right with ½ turn right, step forward o left with ½ turn right

5-6 Rock back on right, rock forward on to left

7-8 Step forward on right with ½ turn left, step back on left with ½ turn left

FORWARD ROCK ON RIGHT, ROCK ON LEFT, LOCK STEPS BACK RIGHT, LEFT, RIGHT, BACK ROCK, FORWARD ROCK, LEFT ROCK, RIGHT ROCK

1-2 Rock forward on right, rock back on left

3&4 Lock steps back right, left, right

5-6 Rock back on left, (angle body diagonally left with left foot behind right,) rock forward on right

7-8 Step right to left side with left rock, rock to right side

CROSS RIGHT OVER LEFT, ¾ TURN RIGHT, LOCK STEPS BACK, STEP LEFT, STEP RIGHT BESIDE LEFT, CROSS LEFT OVER RIGHT, TAP RIGHT BESIDE LEFT

1-2 Cross left over right, swivel \(^3\)4 turn right

3&4 Lock steps back right, left, right

5-6 Take long step to left side on left, drag right beside left &7-8 Step right in place, cross left over right, tap right beside left

ROCKING HORSE ON RIGHT, SHUFFLE 1/2 LEFT, BACK ROCK ON LEFT

1-2 Rock forward on right, rock back on left3-4 Rock back on right, rock forward on left

5&6 Shuffle ½ left, right, left, right7-8 Rock on left, rock forward on right

1/2 TURN RIGHT TWICE, FORWARD ROCK, LEFT COASTER STEP

1-2 Step forward on left, swivel ½ turn right

3-4 Repeat 1-2

5-6 Rock forward on left, rock back on right

7&8 Step back on left, step right beside left, step forward on left

REPEAT

RESTART

On wall 2,restart dance after section 7 On wall 4,restart dance after section 2