

It's Paradise

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数:
编舞者: Bob Grundy
音乐: Paradise (Motive And Celestial Mix) - Kaci



With thanks to D&G for the music

RIGHT CROSS ROCK, RECOVER, STEP RIGHT, LEFT CROSS ROCK, RECOVER, STEP ¼ LEFT, STEP ½ TURN LEFT

- 1-3 Right cross rock over left, rock back on left, step right to right
- 4-6 Left cross rock over right, rock back on right, step ¼ turn left onto left
- 7-8 Step forward right, pivot ½ turn left onto left

SHUFFLE FORWARD RIGHT-LEFT-RIGHT, STEP ¼ TURN RIGHT, CROSSING SHUFFLE LEFT-RIGHT-LEFT, ¾ LEFT TURN

- 1&2 Shuffle forward right-left-right
- 3-4 Step left forward, pivot ¼ right onto right
- 1&2 Crossing shuffle left over right, left-right-left
- 3-4 Step right to side turn ¼ turn left, step back on left turn ½ turn left step forward

SHUFFLE FORWARD RIGHT-LEFT-RIGHT, STEP ½ TURN, SHUFFLE FORWARD LEFT-RIGHT-LEFT, FULL TURN TRAVELING FORWARD(OPTION: WALK FORWARD RIGHT LEFT)

- 1&2 Shuffle forward right-left-right
- 3-4 Step forward left, pivot ½ turn right onto right
- 1&2 Shuffle forward left-right-left
- 3-4 On ball of left pivot ½ turn left step back on right, on ball of right pivot ½ turn left step forward on left

ROCK RECOVER, RIGHT COASTER STEP, STEP ½ TURN RIGHT, FORWARD SHUFFLE LEFT-RIGHT-LEFT

- 1-2 Rock forward on right, recover to left
- 3&4 Coaster step right-left-right
- 1-2 Step forward left turn ½ right onto right
- 3&4 Forward shuffle left-right-left

REPEAT

TAG

Only when using the motive mix: after first wall for 16 counts, put hands above and in front of head and slowly form big circle in front of you, 8 counts from top to bottom, 8 counts from bottom to top
