

# It's Paradise

**COPPER** KNOB  
BY STEPHEN METZ

拍数: 32      墙数: 4      级数:  
编舞者: Bob Grundy  
音乐: Paradise (Motive And Celestial Mix) - Kaci



With thanks to D&G for the music

## RIGHT CROSS ROCK, RECOVER, STEP RIGHT, LEFT CROSS ROCK, RECOVER, STEP ¼ LEFT, STEP ½ TURN LEFT

- 1-3            Right cross rock over left, rock back on left, step right to right
- 4-6            Left cross rock over right, rock back on right, step ¼ turn left onto left
- 7-8            Step forward right, pivot ½ turn left onto left

## SHUFFLE FORWARD RIGHT-LEFT-RIGHT, STEP ¼ TURN RIGHT, CROSSING SHUFFLE LEFT-RIGHT-LEFT, ¾ LEFT TURN

- 1&2            Shuffle forward right-left-right
- 3-4            Step left forward, pivot ¼ right onto right
- 1&2            Crossing shuffle left over right, left-right-left
- 3-4            Step right to side turn ¼ turn left, step back on left turn ½ turn left step forward

## SHUFFLE FORWARD RIGHT-LEFT-RIGHT, STEP ½ TURN, SHUFFLE FORWARD LEFT-RIGHT-LEFT, FULL TURN TRAVELING FORWARD(OPTION: WALK FORWARD RIGHT LEFT)

- 1&2            Shuffle forward right-left-right
- 3-4            Step forward left, pivot ½ turn right onto right
- 1&2            Shuffle forward left-right-left
- 3-4            On ball of left pivot ½ turn left step back on right, on ball of right pivot ½ turn left step forward on left

## ROCK RECOVER, RIGHT COASTER STEP, STEP ½ TURN RIGHT, FORWARD SHUFFLE LEFT-RIGHT-LEFT

- 1-2            Rock forward on right, recover to left
- 3&4            Coaster step right-left-right
- 1-2            Step forward left turn ½ right onto right
- 3&4            Forward shuffle left-right-left

REPEAT

TAG

Only when using the motive mix: after first wall for 16 counts, put hands above and in front of head and slowly form big circle in front of you, 8 counts from top to bottom, 8 counts from bottom to top

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