

It's Alright

COPPER KNOB
BY STEPHEN BRETZ

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Fanny Eriksson
音乐: It's Alright, It's Really Alright - Chris Sayer



FORWARD SHUFFLE, SHUFFLE TURN ½ RIGHT, ROCK BACK, CROSS AND HEEL WITH SNAP

- 1&2 Step right foot forward, step left foot together, step right foot forward
3&4 Step left foot forward and turn ¼ to right, step right foot together and turn ¼ to right, step left foot back
5-6 Rock right foot back, step left foot in place (recover)
7&8& Cross right foot over left, step left foot slightly back, touch right heel diagonally forward and snap fingers, step right together

CROSS AND HEEL WITH SNAP, FORWARD SHUFFLE, SHUFFLE TURN ½ RIGHT, ROCK BACK

- 9&10& Cross left foot over right, step right foot slightly back, touch left heel diagonally forward and snap fingers, step left together
11&12 Step right foot forward, step left foot together, step right foot forward
13&14 Step left foot forward and turn ¼ to right, step right foot together and turn ¼ to right, step left foot back
15-16 Rock right foot back, step left foot in place (recover)

KNEE POPS WALK FORWARD, HOP AND TOUCH RIGHT, TURN ¼ TO LEFT

- 17-18 Step forward on the ball of right foot bend both knees in and out, step forward on the ball of left foot bend both knees in and out
19-20 Step forward on the ball of right foot bend both knees in and out, step forward on the ball of right foot bend both knees in and out
21& Hitch right knee across left, hop left foot in place, touch right toes next to left
22& Hitch right knee across left, hop left foot in place, touch right toes next to left
23& Hitch right knee across left, hop left foot in place, touch right toes next to left
24& Hitch right knee across left, hop left foot in place and turn ¼ to left, step right foot next to left

Steps 21-24 moving to right

ROCK BACK, CROSS, KICK KICK, ROCK BACK, TURN ½ LEFT

- 25-26 Rock left foot back, step right foot in place (recover)
27-28 Cross left foot over right, kick right foot diagonally left
29-30 Kick right foot diagonally right, rock right foot back
31-32 Step left foot in place (recover), turn ½ to left on the ball of left and touch right toes next to left

REPEAT
