It's All Over (But The Shouting)



拍数: 64 墙数: 4 级数: Intermediate/Advanced

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音乐: It's All Over But The Shouting - Shenandoah



HIP BUMPS

1-2 Stepping right foot slightly forward bumps hips forward once, hold

3-4 Bump hips back once, hold

5-8 Bump hips forward, back, forward, back (or hip roll)

CHASSE RIGHT, ROCK BACK, CHASSE LEFT, ROCK BACK

9&10	Step to right with right foot,	step left beside right,	step to right with right

11-12 Rock back on left foot, recover weight on to right foot

13&14 Step to left with left foot, step right beside left, step to left with left

15-16 Rock back on right foot, recover weight on to left foot

MAKE TWO PADDLE 1/8 TURNS LEFT WITH CLAPS, KICK-BALL CHANGES

47.40	0	`
17-18	Step right foot forward, turn 1/8 turn left (with cla	an)

19-20 Repeat counts 17-18

21-22 Kick right foot forward, step right beside left, raise and replace left foot

23-24 Repeat counts 21-22

1/2 TURNING SHUFFLES, ROCK STEPS

25&26	Step right foot forward - starting	q ½ turn left, step left bac	k, step right forward. Completing ½

turn

27-28 Rock back on left foot, recover weight onto right foot

29&30 Step left foot forward - starting ½ turn right, step right back, step left forward. Completing ½

turn

31-32 Rock back on right foot - flicking left toes forward, recover weight onto left foot

SHAKE WHOLE BODY (THE 'HAVE EVEN MORE FUN SECTION')

33-40 Shake whole body rhythmically over 8 counts (remain in the same spot - shake out your

frustrations - it's the last dance of the night, whatever - just let your body go!)

SHUFFLE. STEP-PIVOT ½ TURN RIGHT. SHUFFLE. ROCK STEP

41&42	Step right foot forward, step left beside right, step right forward
43-44	Step left foot forward and on ball of left pivot ½ turn right
45&46	Step right foot forward, step left beside right, step right forward

47-48 Rock left foot forward, recover weight onto right foot

1/2 TURN LEFT, FULL TURN LEFT, SHUFFLE FORWARD LEFT, ROCK STEP, COASTER STEP

49-50 On ball of right make ½ turn left - stepping left forward., on ball of right make complete full

turn left

Easy alternative: on ball of right make ½ turn left - stepping left forward, step right forward

51&52	Step left foot forward, step right beside	e right, step left forward

Rock right foot forward, recover weight onto left foot

55&56 Step right foot back, step left beside right, step forward right

STEP FORWARD, HOLD & CLAP TWICE, STEP FORWARD, HOLD & CLAP TWICE

57-58	Step left foot forward, hold and clap
59-60	Step right foot forward, hold and clap

Step forward, left, right, left; hold and clap hands twice