

# It's All Heels

COPPERKNOB  
STEPSHEETS

拍数: 60      墙数: 4      级数: Intermediate  
编舞者: Lesley Clark (SCO)  
音乐: Paralyzed - Ronnie McDowell



1&2&      Two right apple jacks  
3&4&      Two left apple jacks  
5-6      Right toe strut going back  
7-8      Left toe strut going back  
  
9-10      Right toe strut going back  
11-12      Left toe strut going back  
13-14      Step right, step left behind right  
15-16      Step right, scuff left  
  
17-18      Step left, step right behind left  
19-20      ½ turn left, scuff right  
21-22      Step right, step left behind right  
23-24      Step right, scuff left  
  
25-26      Step left, step right behind left  
27-28      ¼ turn left, scuff right  
29-30      Stomp right forward, fan out to right  
31-32      Fan out to left, back to center  
  
33-34      Left heel forward, right heel forward  
35-36      Step back on left foot, step back on right foot  
37-38      Stomp left forward, fan out to left  
39-40      Fan out to right, back to center  
  
41-42      Right heel forward, left heel forward  
43-44      Step back on right foot, step back on left foot  
45-46      Step forward right, lock left behind  
47-48      Step forward right, scuff left  
  
49-50      Step forward left, lock right behind  
51-52      Step forward left, scuff right  
53-54      Cross right toe over left, drop heel  
55-56      Step back on left toe, drop heel  
  
57-58      ½ turn right on toe, drop heel  
59-60      Step left toe beside right, drop heel

**REPEAT**

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