

It's A Tragedy!

拍数: 0 墙数: 0 级数:
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音乐: Tragedy - Steps



Sequence: AB, AB, A(counts 1-32), CB, A(counts 1-32), Ending

SECTION A

KICK LEFT ACROSS RIGHT, KICK RIGHT ACROSS LEFT, KICK LEFT ACROSS RIGHT (TWICE)

- 1-2 Kick left across right, step left in place
- 3-4 Kick right across left, step right in place
- 5-8 Kick left across right, touch left in place, kick left across right, step left in place

TOUCH RIGHT IN PLACE, ROLL RIGHT (RIGHT-LEFT-RIGHT) FULL TURN (MIRROR USING TOUCH LEFT)

- 9-10 Touch right in place, step side right with $\frac{1}{4}$ turn right (now facing 3:00 wall)
- 11-12 Step left thru with $\frac{1}{4}$ turn right (6:00), step right round $\frac{1}{2}$ turn right (12:00)
- 13-14 Touch left in place, step side left with $\frac{1}{4}$ turn left (now facing 9:00 wall)
- 15-16 Step right thru with $\frac{1}{4}$ turn left (6:00), step left round $\frac{1}{2}$ turn right (12:00)

- 17-32 Mirror steps 1-16 using kick right across left

LEFT SYNCOPATED BOX, POINT LEFT, $\frac{1}{2}$ TURN LEFT TOUCH RIGHT, RIGHT KICK-BALL-TOUCH (LEFT)

- 33-34& Cross left over right, step back right, step left in place (&)
- 35-36 Cross right over left, point left toe to side left
- 37-38 Pivot $\frac{1}{2}$ turn left on right stepping left in place, touch right in place
- 39&40 Right kick-ball-touch (left beside right)

LEFT MONTEREY RIGHT SWIVET, LEFT SWIVET (AND THEN REPEAT)

- 41-42 Point left toe side left, pivot $\frac{1}{2}$ turn left on right step left in place
- 43-44 Point right toe side right, step right in place
- 45-46 With weight on right heel and left toe swivel $\frac{1}{4}$ turn right, swivel both back to center
- 47-48 With weight on left heel and right toe swivel $\frac{1}{4}$ turn left, swivel both back to center
- 49-56 Repeat steps 41-48

FORWARD LEFT, TOUCH RIGHT, HEEL-JACK, HEEL SWITCHES, STEP PIVOT $\frac{1}{2}$ TURN (MIRROR ON RIGHT)

- 57-58 Step forward left, touch right beside left
- &59 Step right back tap left heel forward
- &60 Lower left to floor and touch right beside left
- 61& Tap right heel forward then step in place
- 62& Tap left heel forward then step in place
- 63-64 Step forward right, pivot $\frac{1}{2}$ turn left (now facing 12:00)
- 65-72 Mirror steps 57-64

LEFT VINE WITH $\frac{1}{4}$ TURN LEFT SCUFF-RIGHT, $\frac{1}{2}$ TURNING TRIPLE, STEP $\frac{1}{2}$ LEFT SCUFF-RIGHT

- 73-76 Step side left, step right behind left, step side left with $\frac{1}{4}$ turn left, scuff right
- 77&78 Triple $\frac{1}{2}$ turn left (right-left-right) (still traveling towards 9:00)
- 79-80 Step left round $\frac{1}{2}$ turn left, scuff right

ROCK FORWARD RIGHT, RECOVER, SHUFFLE BACK RIGHT, SHUFFLE BACK LEFT WITH ½ TURN, STEP PIVOT

- 81-82 Rock forward right, recover weight back onto left
83-86 Shuffle back right, shuffle back left turning ½ turn left:
87-88 Step forward right, pivot ½ turn left (now facing 9:00)
89-120 Mirror steps 57-88 stepping right forward

STEP FORWARD LEFT, PIVOT ½ TURN RIGHT, STEP FORWARD LEFT, 3 RIGHT HEEL BOUNCES IN PLACE

- 121-122 Step forward left, pivot ½ turn right (now facing 12:00)
123-126 Step forward left, bounce right heel in place three times (click right fingers on each bounce)

SECTION B

RIGHT KICK-BALL CHANGE, STEP RIGHT, POINT LEFT, BACK LEFT, POINT RIGHT, BEHIND, UNWIND

- 1&2 Right kick-ball change across left foot
3-4 Step right across left, point left toe diagonally forward left
5-6 Step left behind right, point right toe diagonally back right
7-8 Cross right toe behind left, un-wind ½ turn right (stepping down on right)
9-16 Mirror steps 1-8 with a left kick-ball change across right foot

RIGHT SHUFFLE, LEFT SHUFFLE, STEP PIVOT, STOMP AND HEEL BOUNCE (AND THEN REPEAT)

- 17-20 Shuffle forward right, shuffle forward left
21-22 Step forward right, pivot ½ turn left
23-24 Stomp right in front of left, bounce right heel (now facing 6:00)
25-28 Shuffle forward left, shuffle forward right
29-30 Step forward left, pivot ½ turn right
31-32 Stomp left in front of right, bounce left heel (now facing 12:00)
33-62 Repeat steps 1-30 of section b
63 Step left round ½ turn right (looking back at 6:00 wall)
64 Step right round ½ turn right (traveling towards 12:00)

SECTION C

LEFT SYNCOPATED BOX, POINT LEFT (AND THEN REPEAT)

- 1-2& Cross left over right, step back right, step left in place (&)
3-4 Cross right over left, point left toe to side left
5-8 Repeat steps 1-4

STEP, PIVOT ½ TURN, STEP, PIVOT ½ TURN, STEP FORWARD LEFT, 3 RIGHT HEEL BOUNCES IN PLACE

- 9-10 Step forward left, pivot ½ turn right (now facing 6:00)
11-12 Step forward left, pivot ½ turn right (now facing 12:00)
13-16 Step forward left, bounce right heel in place three times (click right fingers on each bounce)

ENDING

LEFT CROSS, UN-WIND (FULL TURN)

- 1 Cross left over right
5-8 Slowly un-wind a full turn to the right (over counts 5-7), facing 12:00 on count 8, head dipped (right foot will now be crossed over left)
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