

It's A Holiday

COPPERKNOB
STEPSHEETS

拍数: 0 墙数: 2 级数: Intermediate/Advanced
编舞者: Lisa Ferguson (UK)
音乐: Holiday - Atomic Kitten



Sequence: AB AB AB B

PART A

RUNNING MAN STEPS, HOLD, STEP RIGHT ½ PIVOT, HOLD

&1 Hitch right knee, scoot back on left
&2 Hitch left knee, scoot back on right
&3 Hitch right knee, scoot back on left
&4 Hitch left knee, scoot back on right
&5 Step down on left, step forward on right
6-7 Hold, ½ pivot over left shoulder
8 Hold

SNAKE ROLL, RIGHT & LEFT, RIGHT VINE

9-10 Roll body to right, using head as lead
11-12 Roll body to left, using head as lead
13-14 Step right to right side, cross left behind right
15-16 Step right to right side, touch left beside right

ROLLING 1 ¼ TURN LEFT, SKATE STEPS

17 Step left ¼ turn left
18 On ball of left make ½ turn left, step back right
19 On ball of right, make ½ turn left, stepping forward onto left
20 Touch right beside left
22-22 Skate forward right, skate forward left
23-24 Skate forward right, skate forward left

STEP OUT, OUT, BOUNCE, IN, IN, BOUNCE, CROSS, SIDE, COASTER ¼ TURN LEFT

&25-26 Step out right, step out left, bounce
&27-28 Step in right, step left beside right, bounce
29-30 Cross left over right, step right to right side
31&32 Step left ¼ turn left, step right beside left, step forward left

TOE STRUTS TWICE, ROCK, TRIPLE FULL TURN

33-34 Step forward on right toe, drop right heel
35-36 Step forward on left toe, drop left heel
37-38 Rock forward on right, rock back on left
39&40 Triple full turn over right shoulder, stepping right, left, right

JAZZ JUMPS, HOLD TWICE, JAZZ JUMPS, STEP LEFT ½ PIVOT

&41-42 Jump forward, stepping left, right, hold
&43-44 Jump forward, stepping left, right, hold
&45 Jump forward, stepping left, right
&46 Jump forward, stepping left, right
47-48 Step forward left, ½ pivot over right shoulder

PART B

LEFT VINE, SIDE, BEHIND, RIGHT SHUFFLE ¼ TURN

- 1-2 Step left to left side, cross right behind left
- 3-4 Step left to left side, touch right beside left
- 5-6 Step right to right side, cross left behind
- 7&8 Step right to right side, close right beside left, step right ¼ turn right

ROCK, TRIPLE FULL TURN, ROCK, SHUFFLE ½ TURN RIGHT

- 9-10 Rock forward on left, rock back on right
- 11&12 Triple full turn over left shoulder, stepping left, right, left
- 13-14 Rock forward on right, rock back on left
- 15&16 Shuffle ½ turn over right shoulder, stepping right, left, right

SKATE STEPS

- 17-18 Skate forward left
- 19-20 Skate forward right
- 21-22 Skate forward left
- 23-24 Skate forward right

LEFT VINE, SIDE, BEHIND, RIGHT SHUFFLE ¼ TURN

- 25-26 Step left to left side, cross right behind left
- 27-28 Step left to left side, touch right beside left
- 29-30 Step right to right side, cross left behind
- 31&32 Step right to right side, close right beside left, step right ¼ turn right

ROCK, SHUFFLE ½ TURN LEFT, PADDLE 1/8 TURN LEFT X 4

- 33-34 Rock forward on left, rock back on right
 - 35&36 Shuffle ½ turn over left shoulder, stepping left, right, left
 - 37 Touch right toe out to side, pivot 1/8 turn left
 - 38 Touch right toe out to side, pivot 1/8 turn left
 - 39 Touch right toe out to side, pivot 1/8 turn left
 - 40 Touch right toe out to side, pivot 1/8 turn left
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