

It Wasn't Me

拍数: 32 墙数: 4 级数: Improver
编舞者: Johnny S. (UK)
音乐: It Wasn't Me - Shaggy



ROCK & CROSS ON RIGHT, SHUFFLE ¼ TURN LEFT, TOUCH-KICK-STEP, UNWIND ½ TURN RIGHT:

- 1&2 Rock-step right foot to right side, recover weight onto left foot, cross-step right foot over in front of left foot
- 3&4 Step left foot to left side, make ¼ turn left as you step right foot next to left foot, step left foot forward
- 5&6 Touch right toe to left instep, kick right foot forward diagonally to right, step right foot behind left foot
- 7-8 Unwind ½ turn right, hold

SHUFFLE FORWARD, LEFT & RIGHT WALK BACK, RIGHT SAILOR WITH ¼ TURN RIGHT, SHUFFLE WITH TOE TOUCH:

- 1&2 Step left foot forward, step right foot next to left foot, step left foot forward
- 3-4 Step right foot back directly behind left foot, step left foot back directly behind right foot
- 5&6 Step right foot back, step left foot slightly to left making ¼ turn right, step right foot beside left foot
- 7&8 Step left foot forward, step right foot next to left foot, touch left foot toe in front of right foot

Pose as you touch left toe in front of right foot. You're on camera remember, so look good!

STOMPS, HIPS DOWN & UP, TOE TOUCH, PIVOT ¼ TURN RIGHT, HEEL-HOOK-STEP:

- 1-2 Stomp left foot slightly forward of right foot, stomp right foot in place
- 3&4& Push hips down and up twice (or roll hips to the left)
- 5-6 Touch right toe to right side, on ball of left foot pivot ¼ turn right
- 7&8 Touch right heel forward, hook right foot in front of left foot, step/stomp right foot forward (right foot takes weight)

TOUCH-DRAG-STEP TWICE, BODY ROLL, RONDE WITH ½ TURN LEFT:

- 1&2 Touch left toe forward, drag left toe back, step right foot back
- 3&4 Touch left toe forward, drag left toe back, step right foot back

This is like a 'left kick-ball-step' going backwards

- 5-6 Roll body up - end with weight on right foot
- 7-8 On ball of right foot make ½ turn left - while sweeping left foot round beside right foot (weight ends up on left foot)

REPEAT
