

It Takes More

拍数: 32 墙数: 4 级数: Intermediate
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音乐: It Takes More - Ms. Dynamite : (Clean Version)



HIPS LEFT, RIGHT, LEFT, RIGHT, ¼ TURN LEFT, ½ TURN, FULL TRIPLE TURN

1-2 Sway hip left, sway hip right
3&4 Sway hip left, sway hip right, ¼ turn left stepping left foot forward
5-6 Step right foot forward, make a ½ turn left
7&8 Make a full triple turn left, stepping right, left, right. (moving slightly forward)

KICK FORWARD, SIDE, SAILOR STEP, KICK FORWARD, SIDE, SAILOR TURN

1-2 Kick left foot forward, kick left foot to the side
3&4 Step left behind right, step right to right side, step left in place
5-6 Kick right foot forward, kick right foot to the side
7&8 Step right behind left, step left to left side, make a ¼ turn right, stepping right foot forward

STEP TURN RIGHT TWICE STEP TURN LEFT TWICE

1-4 Step left foot forward, make a ½ turn right, repeat steps 1-2
& Step left foot beside right
5-8 Step right foot forward, make a ½ turn left, repeat steps 5-6

RIGHT TOE TAPS, FORWARD, SIDE, BACK, BRUSH, SIDE KNEE POPS OUT, IN OUT, ¼ TURN LEFT, ¾ TURN LEFT, BACK ROCK

1&2& Tap right toe forward, tap right toe to the side, tap right toe back, brush right foot forward
3&4 Touch right toe out to right side bending right knee out, in, out (in a leaning motion)
5 Make a ¼ turn left, stepping left foot forward
6&7 Step right foot forward, make ½ turn left, make a ¼ turn left, stepping right foot to right side.
(weight on right foot)
8& Rock left back behind right, recover weight to right

REPEAT
