

It Fits, Alright!

拍数: 32 墙数: 4 级数: Beginner
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音乐: I'm Alright - Jo Dee Messina



ROCK STEPS, MAMBO STEPS

1-2 Rock forward right, recover back on left
3&4 Rock right to right, recover on left, step right beside left (swaying movement)
5-6 Rock forward left, recover back on right
7&8 Rock left to left, recover on right, step left beside right (swaying movement)

WALK WALK, BACK SHUFFLE, ROCK STEP, LEFT MAMBO

9-10 Walk back right, left
11&12 Right shuffle backwards stepping right, left, right
13-14 Rock back left, rock forward right
15&16 Rock left to left side, rock onto right in place, step left besides right

ROCK STEP, RIGHT MAMBO, WALK WALK, LEFT SHUFFLE FORWARD

17-18 Rock back right, rock forward left
19&20 Rock right to right side, rock left in place, step right beside left
21-22 Walk forward left, right
23&24 Shuffle forward on left, right, left

ROCK RECOVER, RIGHT MAMBO, TRIPLE ¾ TURN LEFT

25-26 Rock forward right, recover on left
27&28 Rock right to right side, rock left in place, step right beside left
29-30 Step left into ¼ turn left, step right into ¼ turn left
31&32 Make ¾ turn left stepping left, right, left

REPEAT
