

Just An Emotion

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Emotion - Bee Gees



RIGHT SAMBA, LEFT SAMBA, SYNCOPATED WEAVE WITH ¼ TURN, ½ TURN

1&2 Cross right over left, step left to left, replace weight on right
3&4 Cross left over right, step right to right, replace weight on left
5&6& Cross right over left, step left to left, cross right behind left, step left to left turning left ¼ turn
7-8 Step forward right, pivot ½ left

RIGHT DOROTHY, LEFT DOROTHY, ROCK FORWARD/BACK, 1 ½ TRIPLE

1-2& Step right diagonal right, lock left behind right, step right diagonal right
3-4& Step left diagonal left, lock right behind left, step left diagonal left
5-6 Rock forward right, rock back onto left
7&8 Turn right ½ turn stepping forward on right, turning right ½ turn stepping back on left, turning right ½ turn stepping forward on right

Easier option:

7&8 Turn right ½ turn stepping forward on right, step left beside right, step forward right

SYNCOPATED VINE WITH ¼ TURN, ½ TURN

1-2& Step left to left, step right behind left, step left to left turning ¼ turn left
3-4 Step forward right, pivot ½ left
5-6& Step right to right, step left behind right, step right to right turning ¼ turn right
7&8 Step forward left, pivot ½ right, step forward left

FULL TURN, FORWARD SHUFFLE, SIDE ROCK, LEFT SAILOR

1-2 Turn left ½ turn stepping back on right, turn left ½ turn stepping forward on left

Easier option:

1-2 Walk forward right, left
3&4 Step forward right, step left beside right, step forward right
5-6 Rock left to left, rock right to right
7&8 Cross left behind right, step right to right, replace weight on left

REPEAT

RESTARTS

On wall 4, dance the 1st 24 counts & start again

On wall 8, dance the 1st 24 counts & start again

On wall 10, dance the 1st 8 counts & start again

All restarts will start again facing the front wall

ENDING

On wall 11, dance the 1st 24 counts & continue with:

1-2 Turn left ½ turn stepping back on right, turn left ¼ turn stepping left to left
3-4 Step forward right, raise both arms up in a V shape