

Just Amazing

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Sam Armstrong (UK) & Ruth Armstrong (UK)
音乐: Amazed - Lonestar



STEP, STEP, HIP SWAYS (TWICE)

1-2 Step forward right, step forward left
3&4 Sway hips right, left, right
5-6 Step back left, step back right
7&8 Sway hips left, right, left

STEP, ¼ TURN, CHASSE (TWICE)

9-10 Step side right(making ¼ turn left), step left in place beside right
11&12 Right chasse, stepping right, left, right
13-14 Step side left(making ¼ turn left), step right in place beside left
15&16 Left chasse, stepping left, right, left

ROCK, ½ TURNING SHUFFLE, SAILOR STEP

17-18 Rock right to right side, recover weight on left
19&20 Triple step right, left, right making ½ turn to left
21-22 Rock left to left side, rock right to right side
23&24 Cross left behind right, step right to right side, step left in place

ROCK, CROSS, ROCK, STEP, ¼ TURN(TWICE), SHUFFLE

25&26 Rock right to right side, recover weight on left, cross right over left
27-28 Rock left to left side, step in place on right
29-30 Step side left making ¼ turn left, step right beside left
31&32 Step side left making ¼ turn left, step right beside left, step left beside right

REPEAT

TAG

If you start the dance on the vocals, begin with this tag.

1&2 Rock right diagonally forward, swaying hips diagonally right, rock diagonally back on left, step weight back on right
3&4 Rock left diagonally back, swaying hips diagonally left, rock diagonally forward on right, step weight forward on left
5-8 Repeat steps 1-4