

Just A Moment Cha Cha

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Sue Gupwell (UK)
音乐: Unknown



CHASSE TO RIGHT SIDE, ROCK BACK LEFT

1&2 Chasse to right side, right, left, right
3 Step left foot back and behind right foot
4 Rock forward onto right foot

SHUFFLE FORWARD LEFT, RIGHT, LEFT, ½ TURN LEFT

5&6 Shuffle forward left, right, left
7 Step forward onto right foot
8 ½ turn to left

CHASSE TO RIGHT SIDE, ROCK BACK LEFT

9&10 Chasse to right side, right, left, right
11 Step left foot back and behind right foot
12 Rock forward onto right foot

SHUFFLE FORWARD LEFT, RIGHT, LEFT, ¼ TURN LEFT

13&14 Shuffle forward left, right, left
15 Step forward onto right foot
16 ¼ turn to left

ROCK FORWARD RIGHT, SHUFFLE RIGHT, LEFT, RIGHT TURNING ½ TURN RIGHT

17 Step forward right
18 Rock back onto left
19&20 Shuffle right, left, right, turning ½ turn right

ROCK FORWARD LEFT, SHUFFLE LEFT, RIGHT, LEFT TURNING ½ TURN LEFT

21 Step forward left
22 Rock back onto right
23&24 Shuffle left, right, left, turning ½ turn left

FORWARD COASTER STEP RIGHT, COASTER STEP LEFT

25&26 Step forward right, step forward left, step back right
27&28 Step back left, step back right, step forward left

FORWARD COASTER STEP RIGHT, COASTER STEP LEFT

29&30 Step forward right, step forward left, step back right
31&32 Step back left, step back right, step forward left

STEP RIGHT, SWAY RIGHT, LEFT, RIGHT, HOLD

33 Step right foot to right side and sway hips to right
34 Sway hips to left
35 Sway hips to right
36 Hold

SWAY HIPS LEFT, RIGHT, LEFT, HOLD

37 Sway hips to left
38 Sway hips to right

39 Sway hips to left
40 Hold

REPEAT
