Just A Latin Thing



拍数: 32 墙数: 4 级数: Intermediate

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音乐: Baila - MDO



CROSS ROCK-RECOVER, TRIPLE (LEFT), CROSS STEP, BACK STEP, 1/4 TRIPLE TURN (RIGHT)

1 Cross step (rock) left in front of right, slightly lifting right off floor

2 Step right foot back to floor (recover) 3&4 Triple step left, stepping (left-right-left)

5 Cross step right in front of left

6 Small step left back

7&8 Triple step ¼ turn right, stepping (right-left-right)

FORWARD ROCK-RECOVER, TRIPLE BACK, BACK ROCK-RECOVER, SIDE STEP, HOLD

9 Step (rock) left forward, slightly lifting right off floor

10 Step right foot back to floor (recover)
11&12 Triple step back, stepping (left-right-left)

13 Step (rock) right backward, slightly lifting left off floor

14 Step left foot back to floor (recover)

15 Step right to side

16 Hold while clapping hands out to side or over your head

CROSS ROCK-RECOVER, TRIPLE (LEFT), STEP FORWARD, ½ PIVOT TURN (LEFT), FORWARD ROCK-RECOVER

17 Cross step (rock) left in front of right, slightly lifting right off floor

18 Step right foot back to floor (recover) 19&20 Triple step left, stepping (left-right-left)

21 Step right forward

22 On (balls of) both feet, pivot ½ turn left

23 Step (rock) right forward, slightly lifting left off floor

24 Step left foot back to floor (recover)

TRIPLE BACK, BACK ROCK-RECOVER, STEP FORWARD, SIDE TOUCH, CROSS STEP, SIDE TOUCH

25&26 Triple back, stepping (right-left-right)

27 Step (rock) left backward, slightly lifting right off floor

28 Step right foot back to floor (recover)

29 Step left forward

30 Touch right toe out to side 31 Cross step right over left 32 Touch left toe out to side

REPEAT