

Just A Journey

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Dynamite Dot (UK)
音乐: Life Is Just A Journey - Mervyn J. Futter



RIGHT SIDE SHUFFLE, POINT ¼ TURN, SHUFFLE, POINT ¼ TURN

1&2 Right side shuffle, right, together, right
3-4 Point left toe to left side, ¼ turn left on ball of right
Weight on right, swing arms left on point, bring elbows in and click fingers on turn
5&6 Left shuffle forward, left, together, left
7-8 Point right toe to right side, ¼ turn right on ball of left
Weight on left, swing arms right on point, bring elbows in and click fingers on turn

RIGHT STEP LOCK, ROCK/STEP LOCK BACK, SWEEP ½ TURN RIGHT

1&2 Right step forward, left lock behind right, right step forward
3-4 Rock forward on left, recover back on right
5&6 Left step back, right lock in front of left, left step back
7-8 Sweep right toe ½ turn right on ball of left (weight finishes on right)

LEFT SIDE SHUFFLE, CROSS & KICK, BACK ROCK, ½ TURN RIGHT-LEFT-RIGHT

1&2 Side shuffle left, left, together, left
3&4 Cross right over left, step back left, kick right forward
5-6 Rock back on right, recover forward on left
7&8 Triple ½ turn to left on right left right (travel slightly forward)

BACK ROCK, CROSS TWICE, SIDE ROCK CROSS, SWEEP ¼ LEFT

1-2 Rock back left, recover forward on right
3-4 Cross left over right, cross right over left
5&6 Rock to left side, recover right, cross left over right
7-8 Sweep right toe round ¼ turn left (weight on left), touch right toe next to left

REPEAT
