

# Jus' Flexin'!

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Steve Rutter (UK)  
音乐: Flexin' - Blue



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## SIDE STEP RIGHT, LEFT SAILOR STEP, CROSS RIGHT BEHIND, CHASSE LEFT, RIGHT CROSS ROCK

1                    Step right to right side  
2&3                Cross left behind right, step right to right side, step left beside right  
4                    Cross right behind left  
5&6                Step left to left side, close right beside left, step left to left side  
7-8                Cross rock right over left, recover weight back onto left

## FULL TURN, CHASSE RIGHT WITH ¼ TURN, STEP FORWARD, PIVOT ¼ TURN RIGHT, CROSS, CLAP

9-10                Make a quarter turn right stepping forward on right, make a half turn right stepping back on left

### Option for steps 9-10 for those that don't turn

9-10                Step right to right side, close left beside right

11&12             Make a quarter turn right stepping right to right side, close left beside right, step right a quarter turn right

### Those that choose not to turn 9-10 do not do the ¼ turn as you begin the chasse on count 11. Just step right to right side

13-14             Step forward on left, pivot a quarter turn right  
15-16             Cross left over right, hold and clap once

## RIGHT SIDE ROCK, CROSS BEHIND, TOE TOUCH TO LEFT SIDE, CROSSING SHUFFLE, RIGHT SIDE ROCK

17-18             Rock right to right side, recover weight onto left  
19-20             Cross right behind left, touch left toe to left side  
21&22             Cross left over right, step right to right side, cross left over right  
23-24             Rock right to right side, recover weight onto left

## CROSS RIGHT BEHIND, SIDE STEP, SAILOR STEP, CROSS LEFT BEHIND, SIDE STEP, CROSSING SHUFFLE

25-26             Cross right behind left, step left to left side  
27&28             Cross right behind left, step left to left side, step right beside left  
29-30             Cross left behind right, step right to right side  
31&32             Cross left over right, step right to right side, cross left over right

## REPEAT

## RESTART

On wall four after 16 counts (only when using "Flexin'" by Blue)

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