

Jump To The Music

COPPER KNOB
STEPPERS

拍数: 0 墙数: 2 级数: Intermediate
编舞者: Doug Miranda (USA) & Jackie Miranda (USA)
音乐: Jump to the Music - Henry Butler



Sequence: AAB, AAAA, BBBB. Dance starts on vocals which is after 2 sets of 48 of piano instrumental plus 16 counts

PART A

KNEE ROLL WALK FORWARD (SHORTY GEORGE STEPS)

- 1-2 Touch right forward as you roll knee from left to right, step down on right
3-4 Touch left forward as you roll knee from right to left, step down on left
5-8 Walk forward right, left, right, left, as you roll knees (weight ends on left)

CHARLESTON SWEEPS

- 1-4 Sweep touch right forward across left, hold; sweep right back behind left stepping back on right, hold
5-8 Sweep touch left behind right, hold; sweep step left forward across right, hold

RIGHT WEAVE, SIDE ROCK, RECOVER, CROSS, HOLD

- 1-4 Step right to right side, step left behind right, step right to right side, cross left over right
5-8 Rock right to right side, recover on left, cross right over left, hold

LEFT WEAVE, SIDE ROCK, RECOVER, CROSS, HOLD

- 1-4 Step left to left side, step right behind left, step left to left side, cross right over left
5-8 Rock left to left side, recover on right, cross left over right, hold

STEP FORWARD, HOLD, ½ TURN LEFT, HOLD, STEP FORWARD, HOLD, ¼ TURN LEFT, HOLD

- 1-4 Step forward on right, hold, turn ½ turn left, hold
5-8 Step forward on right, hold, turn ¼ turn left, hold

JAZZ BOX ¼ TURN RIGHT, KICK RIGHT FORWARD, KICK LEFT FORWARD

- 1-4 Cross right over left, step back on left, turn ¼ turn right stepping forward on right, step left next to right
5-8 Kick right forward, step right next to left, kick left forward, step left next to right

PART B

"Jump" section; always done to the front wall

JUMP BACK TO RIGHT DIAGONAL, CLAP, JUMP BACK TO LEFT DIAGONAL, CLAP, JUMP STRAIGHT BACK WITH A PUSH, WALK FORWARD RIGHT, LEFT, RIGHT

- 1-2 Jump back on both feet to the right diagonal, clap on count 2 (you will be facing 11:00)
3-4 Jump back on both feet to the left diagonal, clap on count 4 (you will be facing 1:00)
5-8 Jump straight back on both feet as you push both arms forward (weight on left), walk forward right, left, right

LEFT KICK FORWARD, STEP, RIGHT KICK FORWARD, STEP, LEFT KICK FORWARD, JAZZ BOX

- 1-4 Kick left forward, step left next to right, kick right forward, step right next to left
5-8 Kick left forward, cross left over right, step right back, step left next to right

SIDE RIGHT KICK, BEHIND, SIDE, CROSS; SIDE LEFT KICK, BEHIND, SIDE, STEP FORWARD

- 1-4 Kick right to right side as you lean to left, step right behind left, step left to left side, cross right over left
5-8 Kick left to left side as you lean to right, step left behind right, step right to right side, step forward on left

RIGHT KICK FORWARD, STEP, LEFT KICK FORWARD, STEP, RIGHT KICK FORWARD, JAZZ BOX

- 1-4 Kick right forward, step right next to left, kick left forward, step left next to right
5-8 Kick right forward, cross right over left, step left back, step right next to left

STEP TO LEFT, HOLD, STEP BEHIND, HOLD, SIDE, BEHIND, SIDE, TOUCH

- 1-4 Step left to left side, hold, step right behind left, hold
5-8 Step left to left side, step right behind left, step left to left side, touch right next to left

STEP TO RIGHT, HOLD, STEP BEHIND, HOLD, SIDE, BEHIND, SIDE, HOLD

- 1-4 Step right to right side, hold, step left behind right, hold
5-8 Step right to right side, step left behind right, step right to right side, step left next to right (weight on left)

OPTIONAL FUN INTRODUCTION

For the first 48 counts of the piano instrumental, step to right side snap fingers, step to left side and snap fingers (repeat for 48); for the second set of 48 counts:

- 1-4 Step forward on right, hold, turn $\frac{1}{2}$ left, hold
5-8 Walk forward right, hold, walk forward on left, hold
9-16 Repeat steps 1-8 above to return to front wall
17-24 As you step right to right side, do the "twist" moving body only to right side for 8 counts (you are still facing forward and weight ends on right) then twist upper body to center to straighten up for 8 counts (weight ends on left)
25-48 Repeat counts 1-16 above

EXTRA 16 COUNTS

These have very distinctive "hits" that you will hear as you listen to the music a few times

- 1-4 Turn $\frac{1}{4}$ left as you step right to right side (feet are apart) hold, turn head $\frac{1}{4}$ right to front wall, hold (hold counts are "fast holds")
5-8 Turn $\frac{1}{4}$ right as you step left to left side (you will be facing the front wall), hold, lift right shoulder as you drop left shoulder, lift left shoulder as you drop right shoulder, hold
9-12 Roll right knee to right side, hold, roll left knee to left side, hold
13-16 As you bounce on heels of both feet, roll body to the right to right ending with weight on left
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