

Jump Start

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Betty Cunnington (UK)
音乐: I Wish That I Could Fall In Love Today - Barbara Mandrell



BACK & FORWARD JUMP

&1-2 Jump back right & left, clap
&3-4 Jump forward right & left, clap

SWIVEL HEELS & TOES, MONTEREY TURN

5-8 Swivel heels, toes, heels, toes to right
9-12 Touch right to right, ½ turn right on left foot & close right to left, touch left toe to left, close left to right

RIGHT GRAPEVINE WITH CLOSE/SWIVEL HEELS & TOES

13-16 Right grapevine with close
17-20 Swivel heels, toes, heels, toes to left

RIGHT SWITCHES WITH TOUCH/PIVOT TURN

&21 Right heel forward & replace
&22 Left heel forward & replace
23-24 Right heel forward, touch right toe back (click fingers behind)
25-26 Step right foot forward, pivot ½ left (weight on left)

KICK BALL CHANGE, RIGHT SHUFFLE FORWARD

27&28 Kick right foot forward, replace on ball of right foot, lift up left & replace
29&30 Right foot forward, close left to right, right forward

LEFT SWITCHES/LEFT COASTER STEP

&31 Left heel forward & replace
&32 Right heel forward & replace
33-34 Left heel forward, hold & clap
35&36 Step back on left, close right to left, step left foot forward

SIDE ROCK/ TURNING SAILOR STEP

37-38 Rock right to right side, replace on left
39&40 Cross step right foot behind left, turn ¼ left on left foot, close right to left

FORWARD AND BACK ROCKS/JAZZ BOX WITH ¼ TURN LEFT

41-44 Rock forward on left foot, rock back on right foot, rock back on left foot, rock forward on right foot
45-48 Cross step left foot over right foot, step back on right foot turning ¼ left, step to left side on left foot, touch right foot beside left

REPEAT