

Jukebox Has A 45

拍数: 68 墙数: 2 级数: Intermediate
编舞者: Kevin Smith (AUS) & Maria Smith (AUS)
音乐: Jukebox Has A 45 - Tommy Wood



TOE STRUT, TOE STRUT, CROSS ROCKING CHAIR WITH HEEL LIFTS

1-2-3-4 Touch right toe forward, drop heel, touch left toe forward, drop heel
5-6-7-8 Rock right over left while lifting left heel off floor, drop left heel, rock back right while lifting left heel off floor, drop left heel

TOE STRUT BACK, TOE STRUT BACK, SLOW COASTER

1-2-3-4 Touch right toe back, drop right heel, touch left toe back, drop left heel
5-6-7-8 Step back right, step left back next to right, step forward right, hold

½ PIVOT, CROSS HOLD, WEAVE ½ TURN, HOLD

1-2-3-4 Step forward left, turn ½ right (weight to right), cross step left over right, hold
5-6-7-8 Step right to side, step left behind right, turn ½ turn right and step forward right, hold

½ PIVOT, CROSS HOLD, ½ TURN, HOLD

1-2-3-4 Step forward left, turn ½ right (weight to right), cross step left over right, hold
5-6-7-8 Turn ½ left and step back right, turn ½ turn left and step forward left, step forward right, hold

LEFT CHARLESTON, RIGHT CHARLESTON

1-2-3-4 Rondé left back to front, hold, rondé left front to back and step on it, hold
5-6-7-8 Rondé right front to back, hold, rondé right back to front and step on it, hold

½ TURN, STEP FORWARD, HOLD, STEP OUT, STEP OUT, STEP BACK, HOLD

1-2-3-4 Step forward left, turn ½ right (weight to right), step forward left, hold
5-6-7-8 Step right out diagonally right, step left out diagonally, step back right, hold

STEP BACK, CROSS, STEP BACK, HOLD, BOUNCE ½ TURN, HOLD

1-2-3-4 Cross step left over right, step back right, cross step left over right, hold
These 4 counts are like a crab back to right 45 degrees angle
5-6-7-8 Bounce heels 3 times as you make ½ turn right, hold

½ TURN TOUCH, CLAP, ½ TURN TOUCH, CLAP, SIDE TOUCH, CLAP, RUN FORWARD

1-2-3-4 Step forward left, turn ½ right and touch right next to left (clap), step forward right, turn ½ left and touch left next to right (clap)
5-6-7-8 Step left to side, touch right next to left (clap), run forward stepping right, left

RIGHT HEEL, LEFT HEEL

1-2-3-4 Touch right heel forward, step together, touch left heel forward, step together

REPEAT

ENDING

Finish dance to front wall on run forward right, left