

# Juicy

COPPER KNOB  
STYLISTS

拍数: 48      墙数: 4      级数: Intermediate/Advanced hip hop  
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音乐: Juicy - Better Than Ezra



## CROSS SIDE & CROSS SIDE &, CROSS, UNWIND ½ AND BOUNCE

- 1-2      Cross right over left, left steps to left side
- &3-4      Step back on right, cross left over right, step side right on right
- &5-6      Recover weight to left, cross right toe over left raising right hip, unwind ½ left and bounce down on right lowering right hip-looking over your right shoulder with right hand on right hip
- &7&8      Bounce 2 more times (right hip up, then down) keeping weight on right and still looking over right shoulder (body facing 6:00)

## BALL STEP, ½ TURN, PUSH BACK, COASTER, STEP SIDE, SAILOR

- &1      Turn to face 6:00 as you ball step stepping back on ball of left, step forward on right foot
- 2      With feet in place pivot ½ turn left putting weight on left and bending left knee slightly (facing 12:00)
- 3      Push off of left leg to take a big step straight back onto right dragging left heel with you as you go back
- 4&5      Left coaster stepping back on left, step together on right, step forward on left
- 6      Step right foot to right side
- 7&8      Left sailor crossing left behind right, stepping right to right side, step left to left side angling body and both toes to the left

**Feet are shoulder width apart and you are looking at 10:00**

## SWIVEL ¼, SWIVEL ½, BALL STEP, PIVOT ½, BALL STEP, STEP, PIVOT ½

- 1-2      Keeping feet in place swivel pivot both feet ¼ to right to face 2:00 (1), still keeping feet in place swivel pivot both feet ½ to the left to face 9:00
- 3      Drag left foot back next to right and step on it
- &4      Ball step stepping back on ball of right, step left forward
- 5      Pivot ½ turn right to face 3:00 keeping both feet in place
- &6      Ball step dragging right foot back next to left, step left foot forward
- 7-8      Step forward right, pivot ½ turn left onto left to face 9:00

## KICK BALL STEP FORWARD, SPIRAL TURN, STEP, STEP LEFT, PIVOT ½, STEP LEFT, PIVOT ¼ LEFT INTO HITCH

- 1&2      Kick right foot forward, step right next to left, step forward on left foot with toe turned out to prep for turn
- 3-4      Full spiral turn right with weight on left foot letting right leg bend and wrap around the left leg as you turn, step forward on right (facing 9:00)
- 5-6      Step forward on left, pivot ½ turn right onto right (facing 3:00)
- 7-8      Step forward on left, hitch right knee up making ¼ turn left to face 12:00 bringing arms straight up together over head, hands in fists and pointing right toe down

## SWIVEL MOVING RIGHT HEEL-TOE-HEEL-TOE-HEEL-TOE-HEEL, LEFT SAILOR STEP ¼ TURN, KICK BALL STEP FORWARD

- 1&      Step right foot down and slightly right with heel turned out to the right, swivel right toe to the right
- 2&3&4      Keep moving to the right as you swivel right heel, toe, heel, toe, heel to right. Styling: bend right knee so that left leg points to left and drags toe along as you swivel to the right side. Head looks to right

**Arms come down slowly to sides, shoulder height, bent at elbows, hands in fists**

5&6 Cross left foot behind right, step right foot to right making a  $\frac{1}{4}$  turn left, step forward on left foot to face 9:00

7&8 Kick right foot forward, step right next to left, step forward on left

**WALK-WALK, OUT-OUT, LOOK LEFT, WALK-WALK, OUT-OUT, LOOK RIGHT**

1-2 Walk forward right, left with arms down to sides

&3 Step right out to right side, step left out to left side and put left hand on left hip

4 Snap head to left and look behind you over left shoulder

5-6 Walk forward right, left with arms down to sides

&7 Step right out to right side, step left out to left side and put right hand on right hip

8 Snap head to right and look behind you over right shoulder

**REPEAT**

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