

Joy Of India

COPPER KNOB
BY STEPHEN BRETZ

拍数: 64 墙数: 4 级数: Intermediate
编舞者: BM Leong (MY)
音乐: Made In India - Alisha



Dedicated to all the Seberang Jaya, Penang. Line Dancers at Taman Tunku

Beginning pose during intro: point left index finger forward, place right hand on right hip, left foot forward with heel raised, weight on right foot and bump hips to right in tandem with drum beats until dance starts on first vocal

HEEL TOUCHES ON LEFT & RIGHT DIAGONALS

- 1-2 Touch left heel forward on left diagonal/step left foot beside right foot
- 3-4 Touch right heel forward on right diagonal/step right foot beside left foot
- 5-6 Touch left heel forward on left diagonal/step left foot beside right foot
- 7-8 Touch right heel forward on right diagonal/ step right foot beside left foot

Styling: for counts 1-2 & 5-6 point left palm facing upwards to left diagonal and right palm facing your head with right arm slightly curved. Do vice-versa for counts 3-4 & 7-8

BACK-LOCK-BACK STEPS ON LEFT & RIGHT DIAGONALS

- 1 Step left foot back on left diagonal (keep both palms together in front of chest for counts 1-3)
- 2 Lock step right foot over left foot
- 3 Step left foot back on left diagonal
- 4 Touch right foot beside left foot (open up palms to respective sides, palms facing upwards)
- 5 Step right foot back on right diagonal (keep both palms together in front of chest for counts 5-7)
- 6 Lock step left foot over right foot
- 7 Step right foot back on right diagonal
- 8 Touch left foot beside right foot (open up palms as in count 4)

SIDE STEPS TO LEFT & RIGHT WITH SHIMMY

- 1 Step left foot to left side
- 2 Step right foot beside left foot
- 3 Step left foot to left side
- 4 Touch right foot beside left foot
- 5 Step right foot to right side
- 6 Step left foot beside right foot
- 7 Step right foot to right side
- 8 Touch left foot beside right foot

ROCK STEPS WITH PALMS FACING UPWARDS & DOWNWARDS (INDIAN STYLE) AT SHOULDER HEIGHT

- 1&2 Rock left foot forward along left diagonal/rock back onto right foot, rock forward onto left foot (palms facing upwards)
- 3&4 Rock right foot forward along right diagonal/rock back onto left foot, rock forward onto right foot (palms facing downwards)
- 5&6 Rock left foot forward along left diagonal/rock back onto right foot, rock forward on left foot (palms facing upwards)
- 7&8 Rock right foot forward along right diagonal/rock back onto left foot, rock forward onto right foot (palms facing downwards)

TOUCHES, SIDE HOOKS & FORWARD SHUFFLES

- 1& Touch left foot to left side/hook left foot over right knee
- 2& Touch left foot to left side/hook left foot over right knee

- 3&4 Shuffle forward left-right-left
- 5& Touch right foot to right side/hook right foot over left knee
- 6& Touch right foot to right side/hook right foot over left knee
- 7&8 Shuffle forward right-left-right

CROSS, UNWIND ½ TURN RIGHT, FORWARD SHUFFLE, TOUCHES

- 1 Cross left foot over right foot
- 2 Unwind ½ turn right (facing 6:00)
- 3&4 Shuffle forward right-left-right
- 5 Touch left toe forward
- 6 Step left foot back
- 7 Touch right toe back
- 8 Touch right toe forward

RIGHT & LEFT MAMBO CROSS, STEP-LOCK-STEP

- 1&2 Step right foot to right side/close left foot beside right foot/cross right foot over left foot
- 3&4 Step left foot to left side/close right foot beside left foot/cross left foot over right foot
- 5&6 Step right foot forward along right diagonal/lock left foot behind right foot/ step right foot forward
- 7&8 Step left foot forward along left diagonal/lock right foot behind left foot/ step left foot forward

For style-when doing counts 5&6, put right palm facing upwards in front of chin and left palm at back also facing skyward. Do the reverse for counts 7&8

STEP FORWARD, ¼ TURN LEFT, FORWARD SHUFFLE, ROCK/ROCK/CROSS

- 1 Step right foot forward
- 2 Pivot ¼ turn left on balls of both feet
- 3&4 Forward shuffle right-left-right
- 5&6 Rock left foot to left side/rock onto right foot/cross left foot over right foot (keep palms together in front of chest)
- 7&8 Rock right foot to right side/rock onto left foot/cross right foot over left foot

REPEAT
