

Jojo's Run

COPPER KNOB
STEPSHETS

拍数: 72 墙数: 4 级数: Improver
编舞者: Jo-Anne Ediger (CAN)
音乐: Up! - Shania Twain



LINDY PIVOT TURNS

1&2 Step right to right side
3-4 Step left back, put weight on right
5&6 Step left to left side
7-8 Step right back, put weight on left

9-10 Pivot ½ turn to left
11-12 Pivot ½ turn to left

13-14 Step right to right side
15-16 Step left back, put weight on right
17&18 Step left to left side
19-20 Step right back, put weight on left

21-22 Pivot ½ turn to left
23-24 Pivot ½ turn to left

KICK-BALL-CHANGE

25&26 Kick-ball-change beginning with right foot
27&28 Kick-ball-change with right foot again

29-32 Touch right heel forward, touch toe to home position, touch toe to rear, return & put weight to home position

33&34 Kick-ball-change beginning with left foot
35&36 Kick-ball-change with left foot again

37-40 Touch left heel forward, touch toe to home position, touch toe to rear, return & put weight to home position

GRAPEVINES

41-43 Vine right (step right to right, step left behind, step right to right)
44 Touch with left foot to side
45-47 Vine left (step left to left, step right behind, step left to left)
48 Touch with right foot to side

MODIFIED JAZZ BOX

49-52 Step forward with right foot, cross left over right change weight to left (your feet are crossed,) place right foot to home position, change weight to right foot, step left foot to the side and place weight
53-56 Repeat 49-52

KICK HIP ISOLATIONS NEW WALL

57-57 Kick, kick with right foot
58-59 (¼ Pivot turn to left) kick, kick with right foot
60 Rock back onto right foot
61 Rock forward onto left foot

62 Rock to the right onto the right foot
63 Rock to the left onto the left foot (take weight)
64-65 Bump hips twice to left
66-67 Take weight on the right foot, bump hips twice to right
68-72 Change weight to left foot while rotating hips twice (left to right)

REPEAT

This line dance is dedicated to the memory of my son "James" 08/26/1980 - 01/12/2002.
