

Join The Queue

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Michael Barr (USA)
音乐: One More Broken Hearted Man - Redfern & Crookes



RIGHT FORWARD, LOCK, FORWARD, STEP LEFT FORWARD, TOGETHER, FORWARD - REPEAT

- 1& Step right forward on the right diagonal; step left forward crossing behind right (lock step)
- 2 Step right forward on the right diagonal
- 3&4 Step left forward on the left diagonal; step right next to left; step left forward on the left diagonal
- 5& Step right forward on the right diagonal; step left forward crossing behind right (lock step)
- 6 Step right forward on the right diagonal
- 7&8 Step left forward on the left diagonal; step right next to left; step left forward on the left diagonal

SIDE - BEHIND - SIDE, SIDE - BEHIND - ¼ LEFT - REPEAT

- 1&2 Step right side right; step onto ball of left behind right; step onto ball of right next to left
- 3&4 Step left side left; step onto ball of right behind left; turn ¼ left and step forward on left
- 5&6 Step right side right; step onto ball of left behind right; step onto ball of right side right
- 7&8 Step left side left; step onto ball of right behind left; turn ¼ left and step forward on left

Styling: on counts, &2 and &6 create a rise as you do these steps on the balls of the feet. Also, on counts 2 and 6 end up leaning a little to the left

MODIFIED SYCOPATED SAILOR SHUFFLES WITH ¼ TURNS TO THE LEFT

- 1&2& Step right side right; step left behind right; step right side right; step left side left
- 3&4 Step right behind left; step left forward into a ¼ turn left; step right side right
- 5&6& Step left behind right; step right next to left; step left side left; step right behind left
- 7&8 Turn ¼ left taking a big step forward on the left; step right forward; step left next to right

ROCK, RETURN, STEP BACK, COASTER - FORWARD, PIVOT, FORWARD, SHUFFLE FORWARD

- 1&2 Rock forward onto the right; return back onto the left (in place); step right back
- 3&4 (Coaster step) step left back; step right next to left; step left forward
- 5&6 Step right forward; pivot ½ turn left on ball of left shifting weight to the left; step right forward
- 7&8 (Shuffle forward) step left forward; step right next to left; step left forward

Turning option for counts 7&8: turn ½ right on ball of right and step back on the left (you will be facing your starting wall). Turn ½ right on ball of left and step forward on the right (you will be facing your new wall). Step forward on the left

REPEAT