

John Henry

拍数: 40 墙数: 2 级数: Beginner
编舞者: Roland (Gutz) Gutzwiller (CH)
音乐: John Henry - Bruce Springsteen



RIGHT DIAGONAL. RIGHT, LEFT NEXT TO RIGHT, CLAP, CLAP, LEFT DIAGONAL. LEFT, RIGHT NEXT TO LEFT, CLAP, CLAP

1-4 Right diagonally right, touch left next to right, clap, clap
5-8 Left diagonally left, touch right next to left, clap, clap

SHUFFLE RIGHT, ROCK STEP, SHUFFLE LEFT, ROCK STEP

1&2-3-4 Right to right, left next to right, right to right, rock left behind right, recover on right
5&6-7-8 Left to left, right next to right, left to left, rock right behind left, recover on left

SHUFFLE FORWARD, ½ RIGHT, SHUFFLE FORWARD, ½ LEFT

1&2 Right forward, left next to right, right forward
3-4 Left forward, turn ½ right on left and right forward
5&6 Left forward, right next to left, left forward
7-8 Right forward, turn ½ left on right and left forward

RIGHT STRUT & CLAP, LEFT STRUT & CLAP, RIGHT CROSS ROCK, RECOVER, STOMP RIGHT ¼ RIGHT, STOMP LEFT

1-2 Tap right point forward, step down on ball of right & clap
3-4 Tap left point forward, step down on ball of left & clap
5-6 Rock right over left, recover on left
7-8 Turn ¼ right and stomp on right, stomp left next to right

RIGHT STRUT & CLAP, LEFT STRUT & CLAP, RIGHT CROSS ROCK, RECOVER, STOMP RIGHT ¼ RIGHT, STOMP LEFT

1-2 Tap right point forward, step down on ball of right & clap
3-5 Tap left point forward, step down on ball of left & clap
5-6 Rock right over left, recover on left
7-9 Turn ¼ right and stomp on right, stomp left next to right

REPEAT
