Joe Speed



编舞者: William Sevone (UK)

音乐: Old Black Joe - Van Morrison And Linda Gail Lewis



4X HIP BUMPS WITH EXPRESSION, 2X SAILOR STEPS

1-2	Bump hips and swing arms to right, bump hips and swing arms to left
3-4	Bump hips and swing arms to right, bump hips and swing arms to left

Cross step left foot behind right, step right foot to right side, step left foot in place

Cross step right foot behind left, step left foot to left side, step right foot in place

4X FORWARD CROSS SCUFFS WITH EXPRESSION

9-10	Scuff left foot forward across right, step left foot to floor & clap hands to left side of head
11-12	Scuff right foot forward across left, step right foot to floor & clap hands to right side of head
13-14	Scuff left foot forward across right, step left foot to floor & clap hands to left side of head
15-16	Scuff right foot forward across left, step right foot to floor & clap hands to right side of head

ROCK, ½ RIGHT, ¼ RIGHT CHASSE LEFT, ¾ RIGHT, HEEL PRICK, ¼ LEFT, SIDE STEP

47 40	Rock onto left foot, turn ½ right & step forward onto right foot
17-18	Rock onto lett toot, tillin % tight & step totward onto tight toot
17 10	1 YOUR ONLO ICIL IOOL. LUITI 72 HUITL & SICD IOI WAI'A ONLO HUITL IOOL

Turn ¼ right & step left foot to left side, step right foot next to left, step left foot to left side

21-22 Turn ¾ right & step forward onto right foot, stamp up left heel forward

On count 22, 'dig' left heel forward then 'hitch' backward - similar to a 'pin' prick' 23-24 (With left knee still hitched) turn ¼ left, step left foot to left side

4X CROSSING TOE HEEL STRUTS WITH EXPRESSION

On the following eight counts the hand's are raised to either side of the head

25-26 Cross step r	right toe over lett foot, dr	rop right heel to floor &	& click fingers,
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27-28 Step left toe to left side, drop left heel to floor & click fingers

29-30 Cross step right toe over left foot, drop right heel to floor & click fingers,

31-32 Step left toe to left side, drop left heel to floor & click fingers

REPEAT

After the 7th wall the phrasing goes out slightly. Don't panic. Just carry on dancing as normal

DANCE FINISH

On the 14th wall dance up to and including count 24 (6:00) then do the following

25-26 Cross step right foot over left, unwind ½ left with right hand on hat brim