Jo-Jo Action

拍数: 32

级数: Intermediate

编舞者: Hedy McAdams (USA)

音乐: JoJo Action - Mr. President

SHUFFLE RIGHT-LEFT-RIGHT, WALK, WALK, CROSS, & CROSS, TURN, TURN

- 1&2 Shuffle forward right-left-right
- 3-4 Walk forward left-right
- 5&6 Angle body left and cross-shuffle toward 12:00 wall, left-right-left (angling body to left, facing 10:30, begin what feels like a cross shuffle, toward 12:00 wall)
- 7-8 Step (big step) right toward 12:00 wall turn ½ left (6:00), as you drag-step left beside right

HEEL, BALL/STEP, HEEL, BALL/STEP TURN, & HEEL, & HEEL, PIVOT

- 1 Tap right heel forward
- & Step ball of right beside left
- 2 Step (big step) left forward
- 3 Tap right heel forward
- & Step ball of right beside left
- 4 Step (big step) left forward
- 5 Step right forward on diagonal right (ok to begin ¼ turn left)
- & Turn body ¼ turn left (3:00) and step left beside right
- 6 Tap right heel forward
- &7 Step right beside left, tap left toe forward
- 8 Turn body, in place, ½ right (9:00), ending with weight left and right toe pointing forward

HEEL, & HEEL, & RIGHT, TOGETHER, HEEL, & HEEL, & TURN, TOGETHER

- 1 Tap right heel forward
- &2 Step right beside left, tap left heel forward
- &3 Step left beside right, step (big) right to right
- 4 Slide-step left beside right
- 5 Tap right heel forward
- &6 Step right beside left, tap left heel forward
- &7 Step left beside right, big step to right on right
- 8 Turn body, in place, ¼ left (6:00) and slide-step left beside right

SHUFFLE RIGHT-LEFT-RIGHT, SHUFFLE LEFT-RIGHT-LEFT, STEP, TURN, TURN, TOGETHER

- 1&2 Shuffle forward, angling left, with short steps emphasizing hips right-left-right
- 3&4 Shuffle forward, angling right, with short steps emphasizing hips left-right-left
- 5 Step right forward
- 6 Pivoting on ball of left, turn body ¼ left (3:00) and shift weight to left (in place)
- 7 Step right forward and begin ¹/₂ left
- 8 Drag-step left beside right as you complete ½ turn left (9:00)

REPEAT

RESTARTS

The 2nd and 3rd time that you repeat the pattern on the original wall. These are the only sequences in the song that are instrumental (no vocals).

When you begin count 1 on the original wall for the second time (i.e., 5th wall) you will encounter a 16-count phrase. After completing count 16, begin dance again with count 1 (instead of 17), and you will be "on phrase."

When you begin count 1 on the original wall for the third time (i.e., 9th wall), you will again encounter a 16-





墙数:4

count phrase. Again, after completing count 16, begin dance again with count 1 (instead of 17), and you will be "on phrase."

FINISH

The last count of the song takes you to count 1 on the wall ¼ left of original wall. For this count step forward toward original wall and stop (instead of stepping toward ¼ left wall)