

Jitterbug Boogie

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Beginner
编舞者: Sharon Brizon (UK)
音乐: I Love To Boogie - Glam 2000



This dance can be fun when done in contra lines. But not so close as to bump heads during counts 17-24!

KICK/STEP X 4

1-2 Kick left foot forward, step left foot back to place
3-4 Kick right foot forward, step right foot back to place
5-6 Repeat counts 1-2
7-8 Repeat counts 3-4

SIDE TOE TOUCH/STEP X 4

9-10 Touch left foot to left side, step left foot back to place
11-12 Touch right foot to right side, step right foot back to place
13-14 Repeat counts 9-10
15-16 Repeat counts 11-12

KNEE FAN/HAND CROSS X 4

17 Bending at hips & knees with feet slightly apart, fan both knees outwards
Hands: place left hand on left knee, right hand on right knee
18 Bending at hips & knees with feet slightly apart, bring both knees inwards
Hands: cross hands to left hand on right knee, right hand on left knee
19-24 Repeat counts 17-18

Option to above (if preferred):

TOE FANS X 4

17-24 Fan toes of both feet out and in for 8 counts

HEEL JACKS TWICE

25-26 Step back on right foot, dig heel of left
27-28 Step forward on left foot, touch right toe beside left
29-30 Step back on right foot, dig heel of left
31-32 Step forward on left foot, touch right foot beside left

SIDE STEPS, RIGHT & LEFT

33-34 Step right foot to right, step left beside right
35-36 Step right foot to right, touch left foot beside right
37-38 Step left foot to left, step right beside left
39-40 Step left foot to left, step right foot beside left

PIVOT TURN/HAND WAVE X 4 (TURNING ½ TURN RIGHT)

41-42 Step left foot forward, pivot 1/8 turn right, stepping weight onto right
Hands: with left hand on left hip, raise right arm above head and wave right hand back & forth
43-44 Repeat 41-42
45-46 Repeat 41-42
47-48 Repeat 41-42

REPEAT