

Jingle Bell Rock

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Bryan McWherter (USA)
音乐: Jingle Bell Rock - Billy Gilman



KICK, TOE, HEEL, KICK, TOE, HEEL, TOUCH, SCOOT

- 1-3 Kick right foot forward, touch right toe forward, step down onto right heel
- 4-6 Kick left foot forward, touch left toe forward, step down onto left heel
- 7&8 Touch ball right to floor behind left heel, lift right foot up and scoot back slightly with left foot, step back with right foot

SHUFFLE $\frac{3}{4}$, ROCK, RECOVER, CROSS SHUFFLE, ROCK, RECOVER

- 1&2 Shuffle back left, right, left making a $\frac{3}{4}$ turn left
- 3-4 Rock right out to right side, recover weight back left
- 5&6 Cross shuffle right over left, (right, left, right)
- 7-8 Rock left foot out to left side, recover weight back right

CROSS ROCK, RECOVER, ROCK, RECOVER, SHUFFLE, STOMP, TURN

- 1-2 Cross rock left over right, recover weight back to right
- 3-4 Rock left back at a 45 degree angle, recover weight back to right
- 5&6 Shuffle forward at 45 degree angle left, right, left
- 7-8 Stomp right foot next to left, on the balls of both feet make a $\frac{1}{8}$ turn to your left this should square yourself to your left wall

At this point you should be facing $\frac{1}{4}$ right of line of dance

OUT, OUT, IN, IN, JAZZ BOX

- &1-2 Step right foot out to right side, step left foot out to left side, hold
- &3-4 Step right foot in, step left foot in next to right, hold
- 5-6 Cross step right foot over left, step left foot back
- 7-8 Step right foot out to right, step left foot next to right

REPEAT