

# Jingle Bell Rock

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Bryan McWherter (USA)  
音乐: Jingle Bell Rock - Billy Gilman



## KICK, TOE, HEEL, KICK, TOE, HEEL, TOUCH, SCOOT

- 1-3      Kick right foot forward, touch right toe forward, step down onto right heel  
4-6      Kick left foot forward, touch left toe forward, step down onto left heel  
7&8      Touch ball right to floor behind left heel, lift right foot up and scoot back slightly with left foot, step back with right foot

## SHUFFLE $\frac{3}{4}$ , ROCK, RECOVER, CROSS SHUFFLE, ROCK, RECOVER

- 1&2      Shuffle back left, right, left making a  $\frac{3}{4}$  turn left  
3-4      Rock right out to right side, recover weight back left  
5&6      Cross shuffle right over left, (right, left, right)  
7-8      Rock left foot out to left side, recover weight back right

## CROSS ROCK, RECOVER, ROCK, RECOVER, SHUFFLE, STOMP, TURN

- 1-2      Cross rock left over right, recover weight back to right  
3-4      Rock left back at a 45 degree angle, recover weight back to right  
5&6      Shuffle forward at 45 degree angle left, right, left  
7-8      Stomp right foot next to left, on the balls of both feet make a  $\frac{1}{8}$  turn to your left this should square yourself to your left wall

**At this point you should be facing  $\frac{1}{4}$  right of line of dance**

## OUT, OUT, IN, IN, JAZZ BOX

- &1-2      Step right foot out to right side, step left foot out to left side, hold  
&3-4      Step right foot in, step left foot in next to right, hold  
5-6      Cross step right foot over left, step left foot back  
7-8      Step right foot out to right, step left foot next to right

**REPEAT**

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